Free & Low-Cost Food Resources

This section includes locations where folks in need can access free or low cost food items. Please check with the organizations directly for details.

Del Norte

CalFresh / DHHS

880 Northcrest Dr., Crescent City 707-464-3191

Apply online at C4yourself.com or in person at DHHS Mon.-Fri. 8:00 a.m.-5:00 p.m.

College of the Redwoods Pantry 883 W Washington Blvd., Crescent City

707-476-4560

Pantry and food forest for students.

Del Norte Senior Center

1765 Northcrest Dr., Crescent City 707-464-3069

Delivered meals and senior lunch program. Daily 11:30 a.m.-noon.

Del Norte Unified School District 707-464-0246

www.dnusd.org/Page/1111

Lunch and breakfast for next day.

Dorcas Society

1770 Northcrest Dr., Crescent City 707-464-2738

Wednesdays 1:00-3:00 p.m.

Grace Lutheran Church

188 E. Cooper Ave., Crescent City 707-464-4712

Food pantry Mondays 2:00-4:00 p.m.

Open Door Clinic

550 E. Washington Blvd., Crescent City 707-465-1988 x6237

Food provided once a week per person. Mondays 8:00 a.m.-5:00 p.m.; Tues.-Sat. 8:00 a.m.-8:00 p.m.

Our Daily Bread Ministries

1135 Harold St., Crescent City 707-464-7771

Meals, clothing and hygiene items.

Pacific Pantry

494 Pacific Ave., Crescent City 707-464-0955 x2115

Choice nutrition pantry. Thurs.-Fri. 2:00-6:00 p.m.; Sat. 10:00 a.m.-2:00 p.m.

Pacific Pantry Klamath Produce Distribution

168 Klamath Blvd., Klamath 707-464-0955 x2115

Fresh fruits and veggies. Third Thursday of each month - 3:00-5:00 p.m.

Rural Human Services 707-464-7441 ext 232

Food box distribution during the third full week of each month.

- 286 M St., Crescent City Wed.-Thurs. 9:00 a.m.-2:00 p.m.
- 219 Salmon Rd., Klamath Tues. 9:00-11:30 a.m.
- 121 N. Beckstead Ave., Smith River Tues. 9:00-11:30 a.m.

St. Paul's Episcopal Church

220 East Macken Ave., Crescent City 707-464-2708

Food pantry anytime.

St. Vincent de Paul's Food Pantry 1440 Parkway Dr., Crescent City

707-464-1322

Mon.-Fri. 9:00 a.m.-2:00 p.m.

Yurok Food Distribution Program 190 Nelson Ln., Crescent City

707-464-1852

Tailgate delivery available in various locations, or call to make appointment to pick up box.

Humboldt

Apply for CalFresh

929 Koster St., Eureka 877-410-8809

www.getcalfresh.org

Arcata House Annex

501 9th St. Arcata (707) 633-6236

www.arcatahouse.org

Low income individuals can get food at service window, Mon.-Fri. 1:00-2:30 p.m.

Cooperation Humboldt

Serving Humboldt County 707-502-2492

www.cooperationhumboldt.org info@cooperationhumboldt.com Network of Little Free Pantries, community fruit trees, garden

Food For People

assistance.

2112 Broadway St., Eureka 707-445-3166 or 707-407-0447 www.foodforpeople.org

Emergency food pantries, mobile produce pantry, free produce markets, seniors, homebound, free lunches for children, CalFresh, Visit website for distribution site info.

Food Not Bombs - Eureka

Food served every Sunday at 3:00 p.m. at the corner of E & 3rd St.

HSU Oh, SNAP Pantry

1st Harpst St., Arcata www.hsuohsnap.org

mira@humboldt.edu Bag of food available weekly for students.

Humboldt County Office of

Education

901 Myrtle Ave., Eureka 707-445-7000 hcoe.org/covid-19-2/school-

meal-times-and-locations/ commcenter@hcoe.org

Humboldt County Transition-Age Youth Collaborative (HCTAYC)

433 M Street, Eureka 707-476-4944

Assistance programs for youth experiencing houselessness including grocery gift cards, hygiene supplies and cooking gear.

Humboldt Family Resource

Centers

www.hnfrc.org

County-wide food pantries and services with 17 sites throughout the county (see facing page).

Humboldt Senior Resource

Center

Arcata, Eureka and Fortuna 707-443-9747

www.humsenior.org

Senior dining and home-delivered meals.

St. Joseph's Food Pantry

2292 Newburg Rd., Fortuna

(707) 725-1148

www.saintjoeparish.org

Provides food to low income families (Fortuna, Hydesville, Alton, Carlotta areas). Mon. and Fri. 10:00 a.m.-noon.

St. Vincent de Paul

35 W 3rd St., Eureka

707-445-9588

www.svdpusa.org

Free lunch Mon.-Sat. 11:00 a.m.-1:00 p.m.

Salvation Army

2123 Tydd St., Eureka

707-442-6275

www.eureka.salvationarmy.org Food pantry open Mon.-Fri. 9:00 a.m.-noon.

WIC Clinic - Eureka

17 2nd St., Eureka

707-445-6255

humboldtgov.org/659/WIC-Services Infant and child nutrition, breast feeding services.



Eureka Call Center 1-877-410-8809 toll-free

GetCalFresh.org 929 Koster St., Eureka, CA

HNFRC's Guide to Food Resources

Resource	Phone		Emergency	Backpacks	
Center	Number	Address	Food*	for Kids*	Resource Center Food Details
Arcata	(707) 822-1002	2400 Baldwin St	X	X	
Blue Lake	(707) 668-4281	111 Greenwood Ave	X Tu & Th 9-3		Senior Brown Bag/Commodities: 3rd Wed 11-2. Commodities: 3rd Thur 10-2. Mobile Produce: 4th Thur 10-1:30. Pop up produce: Thur 10-1 (as available).
Bridgeville	(707) 777-1775	38717 Kneeland Rd	x	X	Food for People Pantry: Tue-Fri 9-4
Carlotta	(707) 768-3860	300 Wilder Rd	x	X	
Fortuna	(707) 725-9082	2089 Newburg Rd		X	
Hupa	(530) 625-4000	8 Holt St			
Eureka: Jefferson	(707) 497-6280	1000 B St	х		Free Produce Stand: Sat at 9:15. Free supper for kids 18 & under: Weekdays 1-5 (curbside pickup)
Eureka: Marshall	(707) 441-2467 (707) 441-2404	I St. @ Trinity/Huntoon 216.W. Harris St	х	Х	Marshall has two different physical locations in Eureka
Eureka: South Bay / Pine Hill	(707) 445-5933	5230 Vance Ave	x	X	
Loleta	(707) 733-5239	700 Loleta Dr	х	Х	2nd Thur 3–5. Also distributes fresh garden produce as available
Manila	(707) 444-9771	1611 Peninsula Dr	x		Food Pantry: Wed at 2 (on Vance Ave turnout of the 255)
McKinleyville	(707 840-0905	1450 Hiller Rd			Food Pantry: Mon-Fri 10–3:30
Mattole Valley	(707) 629-3348	203 Old Coast Wagon Rd Petrolia	x		4th Wed 1-2 at the MVRC office, 3-4 at Honeydew School
Rio Dell	(707) 764-5239	99 Wildwood Ave	X M&W 10-4:30		Mobile Produce Pantry: 2nd Thur 10-1 at the Fire Hall. Commodities: 3rd Thur 9-12 at Journey Church
Southern Humboldt	(707) 923-1147	344 Humboldt Ave Garberville			Food Pantry: Tue & Thur 10:30-12, Wed 2-4 at Presbyterian Church. Produce Truck: 2nd Tue 12-1. Weekly emergency bags for enrolled families and seniors.
Willow Creek	(530) 629-3141	38883 Highway 299	Х		USDA Commodities: 3rd Thur 8:30-1 (can be picked up other Thur 8:30-1). Senior brown bag distribution: 2nd Wed. Mobile produce commodities as available.

^{*} Backpacks for Kids is a weekend food bag that goes out for students enrolled in school, sites have limited availability

* It's recommended to call centers to check for specific hours and amount of visits allowed to the pantry per month

Education: Growing Food

This section includes businesses, clubs and nonprofits that provide educational opportunities around growing food.

Please also see 'Community Gardens & Farms' listings on page 84; most provide learning opportunities through volunteer programs.

Del Norte

<u>Del Norte and Tribal Lands</u> <u>Community Food Council</u> 494 Pacific Ave., Crescent City 707-464-0955

www.dnatlfood.com

foodcouncildnatl@gmail.com
Working to co-create a local food
system that provides access to
healthy, culturally appropriate food
to all families in Del Norte and Tribal
Lands. Pacific Pantry, Food Forest
Farm, Food Recovery, workshops.

Wild Rivers Permaculture Guild wildriverspermacultureguild@gmail.com 541-661-2510

www.wildriverspermacultureguild.org
Educating and empowering the
Wild Rivers Bioregion to engage
in permaculture ethics, principles,
and techniques that mimic nature's
regenerative patterns to restore our
biological and cultural resources and
build community resilience. Email to
find out about monthly work parties,
meetings, and events.

Humboldt

Beneficial Living Center & Garden Supply

148 South G St., Suite 1, Arcata **707-633-6125**

www.beneficiallivingcenter.com

BLCarcata@gmail.com Focusing on the microbiology of the soil. Free workshops on soil amending, compost tea brewing, gardening and permaculture practices.

<u>College of the Redwoods Shively</u> <u>Farm</u>

409 Shively Flat Rd., Scotia **707-599-1338**

www.redwoods.edu/cte/agriculture silas-sarvinski@redwoods.edu Internships and courses in sustainable agriculture practices. Emphasis in diversified produce for CSA and wholesale sales. Hands-on learning in vegetables, livestock, poultry, and orchard care.

Cooperative Gardens Commission of Northern California www.coopgardens.com quosis1@gmail.com
Providing free organic heirloom seeds through seed hub, education and resources.

Cooperation Humboldt

cooperationhumboldt@gmail.com www.cooperationhumboldt.org Building a Solidarity Economy on the North Coast through a variety of projects including many related to food cultivation.

<u>Daluviwi' Community Garden</u> 428 Chartin Rd. Blue Lake **707-668-5101**

www.bluelakerancheria-nsn.gov/path-makers/daluviwicommunitygarden/dholsapple@bluelakerancheria-nsn.gov *Gardening workshops*.

<u>Dandelion Herbal Center</u> 4803 Greenwood Hts. Dr., Kneeland 707-442-8157

www.dandelionherb.com janeb@arcatanet.com Herbal education, medicinal preparations.

<u>Dreamquest</u>

100 Country Club Dr., Willow Creek 530-629-3564

www.dqwc.org / office@dqwc.org Demonstration permaculture garden and gardening education for youth.

Fungaia Farm
Arcata
707-444-3799
www.fungaiafarm.com
fungaiafarm@gmail.com
Workshops.

Humboldt Permaculture Guild www.humboldtpermaculture.com Workshops, demonstrations and permaculture tours. Annual Seed, Plant and Scion Exchange. See Facebook events page and website for more information.

Northwest School for Botanical Studies

Fieldbrook

707-826-7762

www.herbaleducation.net herbaleducation@gmail.com Offering emerging practitioners an outstanding contemporary education

in the art and science of herbalism.

Redwood Roots Farm www.redwoodrootsfarm.com Classes and internships.

UCCE Master Gardeners of Humboldt and Del Norte Counties
5630 South Broadway, Eureka
707-445-7351

ucanr.edu/sites/hdnmastergardeners Sjphibbs@ucanr.edu Website provides detailed information on growing edibles plus an online help desk for questions.

North Coast Community Garden Collaborative 904 G St., Eureka

707-269-2071 Find on Facebook.

matt@nrsrcaa.org

Network of community gardeners working together to provide seeds, plants, education and garden space for all. Garden workshops, volunteer workdays, seeds, plant, and produce giveaways, and promote wellness through gardening.

Education: Cooking and Preserving Food

This section includes businesses, clubs and nonprofits that provide educational opportunities around cooking and/or preserving food.

Del Norte

<u>Del Norte CALFresh Healthy</u> <u>Living</u> (Del Norte Public Health)

420 L St., Crescent City
707-464-3191 ext 2830
sbaker@co.del-norte.ca.us
Provides low income residents
access to nutrition education,
physical activity promotion, and
leadership toward healthy community initiatives. Contact to request
resources that include cookbooks,
recipe cards, health promotion and
education materials.

Humboldt - North

Eureka Emblem Club (Elks Lodge) 445 Herrick Ave., Eureka 707-443-8073

suziecooks@yahoo.com
Offers cooking and baking classes
featuring local bakers, chefs, and
food professionals. Proceeds are
donated to local non-profit organizations and used to fund college
scholarships for local students.

Foodwise Kitchen

971 8th St., Arcata **707-633-8328**

www.foodwisekitchen.com

foodwisekitchen@gmail.com Plant-based cooking classes, wellness workshops for children and adults.

Home Cooking with Wendy Chan Find on Facebook.

Learn the secrets to handcrafted dim sums, seasonal and local inspired meals, desserts and other treats. Hands-on courses practicing techniques for making recipes successfully. Each class includes lunch.

Humboldt Botanical Gardens 7707 Tompkins Hill Rd., Eureka

707-442-5139

www.hbgf.org

hbgf@hbgf.org

Master Food Preservers at the Garden - demonstrations by Humboldt and Del Norte Master Food Preservers.

HSU Extended Education

extended.humboldt.edu/extend-ed-education/programs-and-cours-es/courses

Open Door Community Health

Check out the nutrition tips at: https://opendoorhealth.com/patient-resources/rx-wellness/

UC Cooperative Extension Master Food Preserver Program 5630 South Broadway, Eureka

707-445-7351 dmespinoza@ucanr.edu

http://ucanr.edu/mfp

Education about preserving foods safely at home including freezing, water-bath canning, pressure canning, dehydrating, pickling, smoking, and refrigeration. Demonstrations, workshops, distribution of information, and answering questions about home food preservation. Preserver Certification Training in February.

Humboldt - Inland

Cooking Healthy in Indian Country (Meagen Baldy) 530-515-5223

meagen18@gmail.com

www.youtube.com/user/Meagen18 Focuses on living a healthier lifestyle through sustainable agriculture and local food systems. Sources local produce, indigenous foods, and accessible foods to teach making healthy affordable meals.

Please see article on page 60 for more information about safe food preservation.



Gardening Supplies

This section includes locally owned/operated businesses that sell gardening supplies.

Del Norte

The Dutch Gardener

835 Bertsh Ave., Crescent City 707-954-2239

thedutchgardener@charter.net Family based, seasonal nursery specializing in herbs, vegetables, fruits, flowers and containers grown specifically for our coastal climate. Open April-July; also available at the Crescent City farmers market.

Elkhorn Herbals Plant Nursery Fort Dick

707-599-0632

elkhornherbals@gmail.com Open March-Sept. Vegetables, medicinal herbs, culinary herbs, and flower starts. Grown with organic seed and soil.

Sold at Ocean Air Farmstand, Crescent City Farmers Markets, and Wild Rivers Market.

Worm's Nursery & Garden Supply 821 Elk Valley Rd., Crescent City 707-464-4447

Wormsnursery@yahoo.com Plants, garden supplies, soil and nutrients.

Humboldt - North

3 G's Hay and Grain 5307 Boyd Rd., Arcata 707-826-9537

www.3gshayandgrain.com jason@3gshayandgrain.com Soil amendments, animal feed.

Beneficial Living Center & Garden Supply

148 South G St., Suite 1, Arcata 707-633-6125

www.beneficiallivingcenter.com

BLCarcata@gmail.com Organic, sustainable and conventional gardening supplies and used gardening equipment.

A & L Feed and Pet Supply 2308 Central Ave., McKinleyville 707-839-3265

www.humcoaandlfeed.com jason@humcoaandlfeed.com Organic, non-GMO, and conventional animal feeds and supplies, local honey, beekeeping and organic (At Redwood Acres Fairgrounds) gardening supplies.

Electric Slug - The Garden Guardian

Arcata

707-442-4080

www.electricslug.com

contact@electricslug.com Locally made slug and snail barrier for raised garden beds; Garden Guardian that protects plants without using chemicals. Available at Pierson, Mad River Gardens, and online.

Elk River Nursery

5880 Elk River Rd., Eureka 707-444-0997

Find on Facebook

Starts for lettuce, broccoli, peas, and kale year-round, tomatoes, peppers, beans, and squash in spring planting season and lots more. Find at local retail outlets.

Forest Lakes Nursery

2300 Hillcrest Ave., Fortuna 707-726-9371

www.forestlakesnursery.com forestlakesnursery@att.net Unique plants including conifers, perennials, and groundcovers.

Flora Organica

5075 Dows Prairie Rd., McKinleyville 707-839-3405

Find on Facebook.

Wide range of vegetable starts. Available at Arcata farmers' market and many local retail outlets; on-site by appointment.

Freshwater Gardens

5851 Myrtle Ave., Eureka 707-407-7123

Find on Facebook.

Seasonal vegetable starts. Available at Arcata and Eureka farmers' markets.

Gopher Gardens

Bayside

707-502-1663

Plant starts. Available at Arcata farmers' market and on-site by appointment.

Lost Foods Native Plant Nursery

3750 Harris St. (Gate #3), Eureka

707-268-8447

www.lostfoods.org

Trees, shrubs, perennials, annuals and seeds native to Humboldt. Specializes in native edible, medicinal, ornamental and wildlife host plants.

Luscious Gardens

Eureka

707-834-2698

Find on Facebook.

lusciousgardens@gmail.com Landscaping nursery specializing in edible perennial plants including: blueberries, raspberries, currants, elderberries, figs, gojis, ground cover and many more. Landscaping services available. Available Apr.-Nov. at Arcata farmers' market.

Mad River Gardens Nursery

3384 Janes Rd., Arcata 707-822-7049

www.madrivergardens.com

Local food plant starts and soil amendments. Full nursery with bareroot fruit trees, bushes, trees and flowers.





Psychotherapy for couples and individuals

Jennifer Karmiol

Associate Marriage & Family Therapist

jenniferkarmiol@gmail.com (707) 234-7788

Registered Associate # 117385

Thank You for Sponsoring the Food Guide!

MAD RIVER GARDENS NURSERY

Miller Farms Nursery Inc. 1828 Central Ave., McKinleyville

707-839-1571

www.millerfarmsnursery.com Gardening supplies, plants, decor.

Nilsen Feed and Grain Company 502 Broadway, Eureka 707-442-3741

www.nilsencompany.com Farm supply, grains and feeds, animal health, grass seed, lawn and garden care. Also has location in McKinleyville.

Pierson Garden Shop & Nursery 4100 Broadway, Eureka 707-441-2713

www.thebighammer.com

Local starts, soils and soil amendments, organic seed, herbs, annuals, perennials, trees, berries, and garden tools and decor.

Rain Frog Farm Blue Lake 707-498-9837

rainfrogfarm@yahoo.com Organic vegetables and herb starts available at farmers' markets and wholesale sales. Available at Arcata farmers' market.

Rainshine Permaculture Homestead and Nursery

Freshwater (707) 672-3102

rainshinepermaculture@gmail.com Fruit trees, berry bushes and culinary herbs. Plants available at Kneeland Glen Farm Stand or by appointment.



The Electric Slug and Snail Fence

Manufactured in Humboldt County https://electricslug.com

Rock-N-Rose

1785 Mygina Ave., McKinleyville 707-599-2005 cindyannotto@yahoo.com Starts for winter and summer squash, tomatoes, cucumbers, herbs, winter garden starts and flower seeds.

Available at Arcata farmers' market.

Samara Restoration

5260 Dows Prairie Rd., McKinleyville 707-834-4379

www.samararestoration.com info@samararestoration.com Native fruits and berries. Dedicated to restoring native ecosystems of Northern California through all phases of designing, growing, and building, both residential and largescale.

Wes Green Landscape Materials 6360 West End Rd., Arcata 707-822-8035

www.wesgreenlm.com

info@wesgreenlm.com Soils, soil mixes, compost and organic amendments. Compost made on site with local recycled green waste.

Humboldt - South

Charlotte's Perennials

Whitethorn

707-986-7229

Plant starts and less common fruiting plants, trees, vines, shrubs, flower plants. Available at Garberville and Shelter Cove farmers' markets.

Dazey's Supply

3082 Redwood Drive, Redway 707-923-3002

www.dazeys.com

Seeds and garden supplies.

Henrietta's Garden Whitethorn

707-223-1805

createnewthings16@gmail.com Sustainable vegetable farm with herbs, edible flowers, medicinal plants, starts and seeds. Available at Miranda and Garberville Farmers' Market.

Moonshadow Farm

185 Cathey Ranch Rd., Miranda 707-943-3025

Seeds, plants and more. Available at farmers' markets.

Nilsen Feed and Grain Company 1593 Market St., Ferndale 707-786-9501

www.nilsencompany.com

Farm supply, grains and feeds, animal health, grass seed, lawn and garden care. Also has location in Fureka.

Two Mule Farm

3834 Thomas Rd., Miranda 707-223-0224 / 707-973-1741 Find on Facebook

Plant starts. Available at Garberville and Miranda farmers' markets.

Humboldt - Inland

Dazey's Supply

41212 CA-299, Willow Creek 707-923-3002

www.dazeys.com

Plants, seeds and garden supplies.

Flying Blue Dog Farm & Nursery Willow Creek

Find on Facebook.

Llevey@flyingbluedog.com Organic vegetable six-packs, culinary herbs, medicinal plants, hard-to-find ornamentals, and more. Available at Arcata farmers' market and several local retail outlets.

Trinity River Farm

2443 Highway 96, Willow Creek

530-629-3327

www.trinityriverfarm.com Plant starts.

Jury's Nursery & Gifts

12800 Hwy. 96, Hoopa 530-625-4857

jurysnursery@outlook.com Bedding plants, fruit trees, amendments, etc.

Yurok Agricultural Corporation Weitchpec Nursery

Yurok Reservation, Weitchpec tvanlandingham@yuroktribe.nsn.us Sponsor: Yurok Agricultural Corp.

Grow Your Garden With



Every month, more than 44 million people use SNAP (CalFresh) to get nutritious food.

Most of us probably imagine buying items like tomatoes, squash, and apples with their benefits.

But did you know that SNAP can also help people grow their own food?

With SNAP, participants can buy seeds and edible plants. It's a great way to get fresh produce right at

All SNAP retailers, including Farmers' Markets, can sell seeds and plants to SNAP participants.

For every dollar spent on seeds and fertilizer, home gardeners can grow an average of \$25 worth of produce, making their benefits go much further.

Apply for CalFresh:

929 Koster St., Eureka

877-410-8809 www.getcalfresh.org

Community Gardens & Farms

This section includes gardens located on land set aside to grow food for individuals and their communities.

Some have individual plots available - some for the general public, and others may be only for residents, students or parents at a school, church, etc.

Some don't have individual plots, but communally grow food to be distributed to communities or food pantries. These are primarily learning centers about growing, seed saving, permaculture and sustainable farm practices; all provide volunteer opportunities.

Del Norte

Community and Family Services Community Garden 110 1st St., Smith River 707-954-5245

elena.sisneros@tolowa.com Sponsor: Tolowa Dee-ni' Nation.

Crescent City Food Forest Farm 883 W Washington Blvd, Crescent City 707-464-0955

www.dnatlfood.com

foodcouncildnatl@gmail.com Produce is donated to Pacific Pantry, community members, and volunteers. Student-led farm stand coming soon. Sponsor: DNATL Community Food Council.

Del Norte Community Health Center Wellness Garden 550 E. Washington Blvd., Crescent City 707-465-1988 x6237 www.opendoorhealth.com garden@opendoorhealth.com Offering free garden bed rentals, a community greenhouse, volunteer opportunities, summer education programs for youth, and a demonstration area for gardening work-

more. Sponsor: Open Door Clinic.

Gasquet Community Garden

Mountain Elementary School 55 Azalea Ln., Gasquet 707-954-2177

Klamath Yurok Food

Village

400 Mynot Creek Rd, Klamath 707-458-5184

tthompson@yuroktribe.nsn.us Sponsor: Yurok Tribe Food Sovereignty Program.

Kids Garden - Family Resource Center of the Redwoods 494 Pacific Ave., Crescent City 707-464-0955 x 2101 aglore@dlenortekids.org Sponsor: First 5 Del Norte.

Seventh Day Adventist **Community Garden** 1770 Northcrest Dr., Crescent City

707-464-2738 Sponsor: Seventh Day Adventist Church.

Sri'-srwvlh Community

16810 Oceanview Dr., Smith River 707-954-5245

elena.sisneros@tolowa.com Sponsor: Tolowa Dee-ni' Nation.

Taa-'at-dvn Chee-ne' Tetlhtvm' (Crescent City Tree Garden) College of the Redwoods, Del Norte 883 W. Washington Blvd., Crescent City 707-464-0955 x 2108

foodcouncildnatl@gmail.com Sponsor: Del Norte & Tribal Lands Community Food Council.

Xaa-wan'-k'wvt Chee-ne' Tetlh-tvm'

Howonquet Head Start 12840 Mouth of Smith River Rd., Smith River 707-954-5245

elena.sisneros@tolowa.com Sponsor: Tolowa Dee-ni' Nation.

Humboldt - North

Abuelita's Garden 539 T St., Eureka

matt@nrsrcaa.org 707-269-2071

Produce is donated to Food for People. Sponsor: Redwood Community Action Agency.

Arcata Community Health & Wellness Garden Corner of 11th & F St., Arcata 707-502-2492

arcata.garden@cooperationhumboldt.com Sponsor: Cooperation Humboldt.

Bayside Park Community

930 Old Arcata Rd., Arcata 707-822-7091

baysideparkfarm@cityofarcata.org Sponsor: City of Arcata.

Blue Lake Community Garden

312 S. Railroad Ave., Blue Lake 707-668-5932

parksdirector@bluelake.ca.gov Sponsor: City of Blue Lake.

Blue Lake Community Resource Center Garden 111 Greenwood Rd., Blue Lake

707-668-4281 sandy.blcrc@gmail.com Produce is distributed to community

members. Sponsor: St. Joseph Health.

Daluviwi' Community

Garden

428 Chartin Rd. Blue Lake 707-668-5101

www.bluelakerancheria-nsn.gov/pathmakers/daluviwicommunitygarden/ dholsapple@bluelakerancheria-nsn.gov Sponsor: Blue Lake Rancheria.

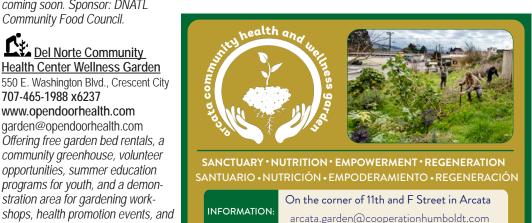
Garden of Eatin' 716 South Ave., Eureka 707-599-5799

suzodea@mac.com

Sponsor: Calgary Lutheran Church.

Grace Good Shepherd Garden 1450 Hiller Rd., McKinleyville 707-616-3278

stanschmidt201@gmail.com Produce is donated to the McKinleyville Family Resource Center. Sponsor: Grace Good Shepherd Church.



ENJOYING THE GUIDE?

SCAN TO DONATE & KEEP IT FREE FOR EVERYONE





Garden

800 West Henderson St., Eureka matt@nrsrcaa.org

707-269-2071

Sponsor: Redwood Community Action Agency.

<u>Jefferson Community Center</u> Garden

1000 B St., Eureka 707-497-6280

theieffersoncenterandpark@gmail.com Produce is distributed to community members. Sponsor: Jefferson Community Center.

Mad River Community Hospital Farm

3800 Janes Rd., Arcata 707-822-3621 ext 4128

pbailey@madriverhospital.com Produce is utilized by hospital cafeteria, distributed to staff and to community members. Sponsor: Mad de Loleta River Hospital.

McKinleyville Garden Pierson Park on Gwin Rd., McK.

707-839-9003

Sponsor: McKinleyville Parks and Recreation.

Potawot Community Food Garden

1600 Weeot Way, Arcata 707-826-8476

jude.marshall@uihs.org Produce is distributed to members of the American Indian Community. Sponsor: United Indian Health Svcs.

Redwood Acres Garden / Lost **Foods Native Plant Nursery**

3750 Harris St. (Gate #3), Eureka (At Redwood Acres Fairgrounds) 707-268-8447

redwoodacres1@gmail.com Volunteers grow native and heirloom plants to donate to local food banks.

Tydd Garden

2200 Tydd St., Eureka 707-269-7073

garden@opendoorhealth.com Produce is offered to patients and volunteers or donated to community partners. Sponsor: Open Door.

Unity Garden

W. 15th and California St., Eureka dor.leisz@gmail.com Sponsor: City of Eureka.

Villa de Valle Community Garden End of Valley West Blvd., Arcata

matt@nrsrcaa.org

707-599-3768

Sponsor: Redwood Community Action Agency.

Humboldt - South

El Jardín de la Comunidad

Loleta Elementary School / Loleta Community Resource Center 700 Loleta Dr., Loleta 707-733-5239

Marcelina.MejiadeCastillo@stjoe.org Sponsors: St. Joseph Health, Dept. of Health & Human Services.

Fortuna Community

Garden

2331 Rohnerville Rd., Fortuna stodd@fortunaacs.com

707-725-1166

www.fortunaacs.com

Providing access to organic fresh fruits and produce to the food banks of Fortuna plus educational opportunities and plots for families to grow their own food. Sponsor: Fortuna Adventist Community Services.

Fortuna Community Health Center Garden

3750 Rohnerville Rd., Fortuna 707-269-7073

garden@opendoorhealth.com Produce is offered to patients and volunteers or donated to community partners. Sponsor: Open Door.

Rio Dell Community

Garden

Rio Dell Baptist Church 100 Butcher St., Rio Dell 707-764-5239

meri.black@stjoe.org Sponsor: St. Joseph Health.

Wiyot Tribe Community Garden

Table Bluff Reservation 1000 Wiyot Dr., Loleta 707-733-5055

wiyotta@gmail.com Produce is used in kitchen to prepare meals for elders and distributed fresh to community members. Spon-

sor: Wiyot Tribe Natural Resources.

Humboldt - Inland

Dreamquest

100 Country Club Dr., Willow Creek 530-629-3564

www.dgwc.org office@dgwc.org

Produce is grown to supply

Dreamquest Teen Center. Sponsors: St. Joseph Health, Mid-Klamath Watershed Council.

Ke'nek We-roy Community Farm

Yurok Reservation, Weitchpec tvanlandingham@yuroktribe.nsn.us Sponsor: Yurok Agricultural Corp.

Kin Tah Te Community Botanical and Demonstration Garden

Hoopa Neighborhood Facilities Bldg. 11900 Hwy 96, Hoopa

530-515-5223

meagen18@gmail.com Support: St. Joseph Health.

Open Door Community Health & Wellness Garden

28883 Hwy. 299, Willow Creek 707-269-7073

garden@opendoorhealth.com Produce is offered to patients and volunteers or donated to community partners. Sponsor: Open Door.

Yurok Agricultural Corporation Weitchpec Nursery

Yurok Reservation, Weitchpec tvanlandingham@yuroktribe.nsn.us Sponsor: Yurok Agricultural Corp.

Weitchpec Yurok Food Village

Saint's Rest, Weitchpec

707-458-5184

tthompson@yuroktribe.nsn.us Sponsor: Yurok Tribe Food Sovereignty Program.

Wautec Yurok Food Village

Wautec 707-458-5184

tthompson@yuroktribe.nsn.us Sponsor: Yurok Tribe Food Sover-

eignty Program.

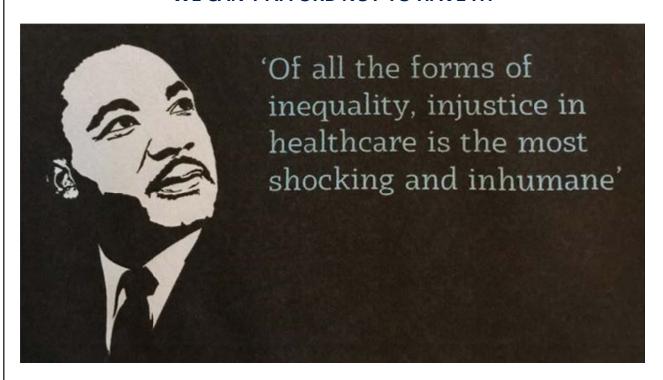
IMPROVED MEDICARE FOR ALL

Humboldt Health Care for All and Physicians for a National Health Program invite you to help bring to California

SINGLE PAYER, COST-EFFECTIVE, UNIVERSAL, LIFETIME GUARANTEED HIGH-QUALITY HEALTH CARE FOR EVERY CALIFORNIAN

regardless of age, gender, employment or pre-existing conditions

WE CAN AFFORD SINGLE PAYER.
WE CAN'T AFFORD NOT TO HAVE IT.



HUMBOLDT COUNTY CHAPTERS



Food justice is health justice!

healthcareforall.org PHNP.org Join us at your nearest

Open Door Community Health & Wellness Garden!

Del Norte: Holly Harrison (707) 465-1988 x6237 **Humboldt**: Argie Muñoz and Alissa Pattison (707) 269-7073 x3179

Crescent City: Del Norte Community Health Center, 550 E. Washington Blvd. Ste. 100, Crescent City, CA 95531 **Fortuna:** Fortuna Community Health Center, 3750 Rohnerville Rd, Fortuna, CA 95540

Eureka: Eureka Community Health & Wellness Center, 2200 Tydd Street, Eureka. CA 95501 **Willow Creek:** Willow Creek Community Health Center, 38883 Highway 299, Willow Creek, CA 95573

Interested in gardening? Want to get involved in your community? Contact the Gardens and Food Resources
Coordinators for more information!

garden@opendoorhealth.com









Walk or Bike Miles of trails! Tooby Playground!

Tables, chairs, and pop-ups for rent







Disc Golf, Eel River Access, New Skateramp!

Volunteer opportunities abound

The Community Park is in its 9th year working with Humboldt County's Dept. of Health & Human Services as a CalFresh Outreach Partner. The CalFresh program provides nutritional assistance benefits to low income households. Have questions or want information? In need of application or recertification support? Stop by our office at 1144 Sprowel Creek Rd., Garberville, Tuesdays & Thursdays 11a. – 3p., or by appointment. www.getcalfresh.org



Ask about our **open air meeting space** for your next zoom or in-person meeting!

> info@sohumpark.org 707-923-2928



Farmers' Markets

Farmers' Markets are physical retail marketplaces that sell produce, live plants, animal products and often prepared foods, beverages, locally produced prepackaged foods, and artisan crafts directly from farmers to consumers.

This section includes markets that feature only locally grown **GMO-free products. Farmers** must personally grow everything they sell at market.

Del Norte

SATURDAYS







Crescent City Certified Farmers' Market / Rural Human Services

Location TBA, Crescent City June - October 9:00 a.m.-1:30 p.m.

707-464-7441 / 707-951-9163 www.ruralhumanservices.net

WEDNESDAYS









Downtown Farmers and Artisans Market

Front and K Streets, Crescent City June-October 9:00 a.m.-2:00 p.m.

707-464-6600

www.downtowndivas.org Sponsored by the Crescent City Downtown Divas.

Humboldt - North

SATURDAYS







Arcata Plaza Farmers' Market Between 8th and 9th Streets and G Ave of the Giants @ Miranda Market and H Streets in downtown Arcata

- Main Season Market April 3-November 20 9:00 a.m.-2:00 p.m.
- Winter Market November 27-March 26 10:00 a.m.-2:00 p.m.

Hot prepared food available. Sponsored by the North Coast Growers' Association.

TUESDAYS







Eureka - Old Town Farmers' Market

F St. between 1st and 2nd Streets in front of the Gazebo in Eureka June 29-October 26 10:00 a.m.-1:00 p.m. Sponsored by the North Coast Growers' Association.

THURSDAYS









Eureka-Henderson Center Farmers' Market

Henderson and F Streets, Eureka June 3-October 28 10 a.m. to 1 p.m. Sponsored by the North Coast Growers' Association.



McKinleyville Farmers' Market

Central Ave. & Pickett Rd. at Eureka Natural Foods in McKinleyville July 1-October 28 3:00 p.m.-6:00 p.m. Sponsored by the North Coast Growers' Association.

Humboldt - South

MONDAYS







Miranda Farmers' Market

May 3-October 25 2:00 p.m.-6:00 p.m. Sponsored by the North Coast Growers' Association.

TUESDAYS







Fortuna Farmers' Market

10th St. between Main & L Streets, Fortuna June 1-October 26

3:00 p.m.-6:00 p.m. Sponsored by the North Coast Growers' Association.



Shelter Cove Farmers' Market Machi Road at Mario's Marina Motel May 4-October 26 11:00 a.m.-3:00 p.m. Sponsored by the North Coast Growers' Association.

FRIDAYS



Garberville Farmers' Market

Town Plaza May 7-November 19 11:00 a.m.-3:00 p.m. Sponsored by the North Coast Growers' Association.

Humboldt - Inland

MONDAYS



Monday Night Markets

11900 Highway 96, Hoopa July-October 5:00 p.m.-7:00 p.m. Accepts EBT and WIC and also participates in the Market Match program. Sponsored by Klamath Trinity Resource Conservation District.

THURSDAYS







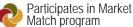
Willow Creek Farmers' Market

Veteran's Park, Kimtu Road June 3-August 26 4:30 p.m.-7:30 p.m. Sponsored by the North Coast Growers' Association.









Gee you at the FARMERS MARKET

Celebrate the bounty of fresh and local Humboldt grown products!

ARCATA, EUREKA, FORTUNA,
GARBERVILLE, MCKINLEYVILLE, MIRANDA,
SHELTER COVE & WILLOW CREEK

Everyone Is Welcome

- Customers with CalFresh EBT cards and WIC benefits are always welcome, and we offer the Market Match program to help make fresh food affordable.
- Harvest Boxes are now available. These CSA style produce boxes are filled with seasonal produce from a variety of local farms. Visit our website for more information, to sign up for our mailing list, or purchase a box. Use your CalFresh/EBT card to qualify for a \$10 Market Match!

NorthCoastGrowersAssociation.Org (707) 441-9999

A 501(c)(3) nonprofit organization, making significant contributions to the health and well-being of our community since 1979.



U-Picks & Farm Stands

U-PICKS

This section lists farms where you can pick your own fruits, veggies, and flowers.

Humboldt - North

Bayside Park Farm Arcata 707-822-7091 Find on Facebook baysideparkfarm@cityofarcata.org U-pick winter farm Nov.-Feb.

Noble Berry Farm 3563 Fieldbrook Road, Fieldbrook 707-834-6299 Find on Facebook

Products: Blueberries Open approximately June-August daily from noon-6:00 p.m.



Redwood Roots Farm

45 Fellowship Lane, Bayside (1/2 mile down Jacoby Creek Rd.) 707-826-0261

www.redwoodrootsfarm.com janetcz@humboldt1.com Early winter U-pick (Nov.-Jan.); Late winter U-pick (Feb.-April); U-pick flower share (July-Oct.).

Fieldbrook Valley Apple Farms 336 Rock Pit Rd., Fieldbrook 707-498-9228 Find on Facebook

loviesgotapples@suddenlink.com

Humboldt - South



College of the Redwoods

Shively Farm 409 Shively Flat Rd., Scotia 707-599-1338

silas-sarvinski@redwoods.edu Pumpkin patch weekends at the end Kneeland Glen Farm Stand of September/beginning of October. Organic produce also available.



Accepts Cal-Fresh EBT



FARM STANDS

Del Norte



Alexandre Family Farm

7955 Bailey Road, Fort Dick www.alexandrefamilyfarm.com vanessa@alexandrefamilyfarm.com Products: Organic milk, organic pasture-raised eggs, organic pastured pork and organic grass-fed beef. Open Wed.-Fri. 2:00-6:00 p.m.; Sat. 10:00 a.m.-6:00 p.m.; Sun. noon-4:00 p.m.



Ocean Air Farms

2420 Morehead Rd., Fort Dick 707-616-1632

Find on Facebook

oceanairfarms@gmail.com Products: Produce. Open June-Dec. Sat.-Sun.; Jan.-May Sun. only.

Humboldt - North



College of the Redwoods

Shively Farm

7351 Tompkins Hill Rd., Eureka 707-599-1338

www.redwoods.edu/cte/agriculture silas-sarvinski@redwoods.edu Produce available from the farm during the harvest season at the CR main campus.

Fieldbrook Valley Apple Farm 336 Rock Pit Road, McKinleyville 707-839-4289

Find on Facebook

707-496-0459

loviesgotapples@suddenlink.net Products: Apples (50+ varieties). blueberries and vegetables. Open approx. Aug. -Nov. Daily 10:00 a.m.-4:30 p.m.

5851 Myrtle Avenue, Eureka

www.kneelandglenfarmstand.com Products: Produce, eggs, handmade items, cottage-industry foods and crafts from about 20 vendors. Open daily noon-6:00 p.m.

Little River Farm

140 Ole Hanson Rd., Eureka 707-441-9286

Find on Facebook

littleriverfarm@sbcglobal.net Products: Spring mixes and many specialty greens.



Organic Matters Ranch

6821 Myrtle Avenue, Eureka 707-407-FARM (3276)

www.organicmattersranch.com Products: Produce, meats, crafts and baked goods. Pumpkin patch and sunflower maze; field trips by appointment. Open Oct. Mon.-Fri. noon-6:00 p.m. and Sat.-Sun. 10:00 a.m.-6:00 p.m.

Humboldt - South

Clendenen's Cider Works 96 12th Street, Fortuna 707-725-2123

www.clendenensciderworks.com clif@clendenensciderworks.com Products: Many varieties of apples, fresh apple cider and produce. Open onions. Open late spring until fall. Aug.-Feb. Mon.-Sat. 9:00 a.m.-5:30 p.m. and Sun. 10:00 a.m.-5:00 p.m.

The Community Park Farm

1144 Sprowl Creek Road, Garberville 707-267-0851 ynotgo2@yahoo.com

Products: Seasonal produce, eggs, pork, flowers and hay. Open year round, 7 days/week 8:00 a.m.-dusk.



Sarvinski Family Farms/Corn Crib

Avenue of the Giants, Pepperwood Located about 2 miles down from Southbound 101 exit 674. 707-786-9240 or 707-499-0774

Find on Facebook

gsarvinski@gmail.com Products: Produce. Open approx. July 15-Oct. 31 Wed.-Sun. 10:00 a.m.-6:00 p.m.



Fair Curve Farm

Shaw Ave. and Main St. at Wells Fargo parking lot, Ferndale 559-246-2246

www.faircurvefarm.com

faircurvefarm@gmail.com Products: Certified organic mixed vegetables, herbs and vegetable starts. Open May-Dec. Saturdays only 10:00 a.m-2:00 p.m. Also has free choice CSA.



Flood Plain Produce

Pepperwood 707-722-4330 Find on Facebook

Products: Produce and fruit (orders for canning quantities welcome), U-pick flowers. Open approx. July-Oct. daily 11:00 a.m.-5:00 p.m. Vacation rental on farm.

Saechao Strawberries 1665 Thelma Street, Fortuna 707-845-3930

Products: Strawberries, blackberries, snow peas, snap peas and



Table Bluff Farm

101 Clough Rd., Loleta 707-890-6699

www.tableblufffarm.com

info@tableblufffarm.com Regeneratively grown, no-till mixed vegetables, cut flowers, & pastured meats. Farm stand starting Spring 2021; See website for hours of operation. Also has CSA.

Humboldt - Inland



Trinity River Farm

2443 Highway 96, Willow Creek 530-629-3200

www.trinityriverfarm.com

Products: Fruit and vegetables, plant starts. Open April to Thanksgiving. Satellite location next to the Willow Creek Renner open July-Oct.

CSA Farms

CSA FARMS

Community-supported agriculture (CSA) connects producers and consumers more closely by allowing the consumer to subscribe to the harvest of a certain farm or group of farms.

In return for subscribing to a harvest, subscribers receive either a weekly or bi-weekly box of produce or other farm goods.

Bayside Park Farm

Arcata

707-822-7091

www.cityofarcata.org/rec

baysideparkfarm@cityofarcata.org CSA: 21 weeks, June-Oct., weekly distribution (Tuesday or Friday); U-pick winter farm Nov.-Feb.; also has a farm stand.

Beck's Bakery

Community Supported Bakery 100 Ericson Ct., Suite 100C, Arcata 707-840-8004

www.becksbakery.com

info@becksbakery.com 100% whole grain breads (not available in stores) made from regionally grown, fresh milled organic grains. Pick-up at bakery, some farmer's markets and other locations.



Deep Seeded Community Farm Arcata 707-825-8033

www.arcatacsa.com deepseeded@gmail.com CSA: 30- or 36-week shares: farm pickup.





Earthly Edibles

Korbel 707-502-5833

earthlyediblescsa@gmail.com CSA: 22 weeks summer and fall. Full and half-shares, pick up at farmers' markets in Arcata and Eureka or at farm.

Fair Curve Farm

Ferndale

559-246-2246

www.faircurvefarm.com

faircurvefarm@gmail.com Free choice CSA May-Dec.; pick up at Fortuna farmers' market. Also has a farm stand in Ferndale.



Green Spiral Farm

Arcata

707-498-5526

Instagram @greenspiralfarm greenspiralfarm@gmail.com

Humboldt Regeneration Brewery 2320 Central Ave., Unit F McK. McKinleyville

707-738-8225

www.humboldtregeneration.com humboldtregeneration@gmail.com Community Supported Brewery. Details under Packaged Products: Beverages: Breweries.



North Coast Natural Produce

1941 Quail Ln., Hydesville 530-383-3814

www.northcoastnaturalproduce.com ncnproduce@gmail.com Year-round share available in two sizes with various pickup locations and a delivery option. A variety of organic and sustainably grown veggies.



Redwood Roots Farm

45 Fellowship Lane, Bayside (1/2 mile down Jacoby Creek Rd.) 707-826-0261

www.redwoodrootsfarm.com

ianetcz@humboldt1.com Main season share (June-Oct.); early winter U-pick share (Nov.-Jan.); Late winter U-pick (Feb.-April); U-pick flower share (July-Oct.).



Shakefork Community Farm

Carlotta

707-768-7002

www.shakeforkcommunityfarm.com shakeforkcommunityfarm@gmail.com CSA: 22 weeks; pick up at farm or Fortuna or Garberville farmers' markets and other locations. Egg, coffee, bread and ferment share add-ons available.





College of the

Redwoods Shively Farm 409 Shively Flat Rd., Scotia 707-599-1338

www.redwoods.edu/cte/agriculture silas-sarvinski@redwoods.edu 20 week and 10 week CSA program. Full and partial shares available. Multiple drop off locations. Program provides hands-on training for interns and students in the agriculture program.



Tule Fog Farm Arcata 707-502-9514 Find on Facebook

tulefogfarm@gmail.com Meat CSA includes beef, lamb and pork (Feb.-Nov.); pork at Farmer's Market including bacon and sausage. Food is grown using humane and organic practices. Pigs fed on local food scraps. Thanksgiving turkevs available.

Wild and Wise Herbal CSA

Petrolia

707-629-3391

www.wildandwisecsa.com

Herbal CSA. Herbal medicines inspired by the local harvest. Online sales ship anywhere in the U.S.



Table Bluff Farm

101 Clough Rd., Loleta 707-890-6699

www.tableblufffarm.com info@tableblufffarm.com Eggs, vegetables, meat and flowers. Cost-friendly CSA (payas-you-go available with no

upfront costs). Weekly box of vegetables, fruit, flowers, pastured eggs & meats, and other locally-sourced fruits, nuts, and goodies. Two pick-up sites plus delivery from Arcata to Fortuna.





Redwood Roots CSA Farm





TIMES CHANGE. OUR COMMITMENT STAYS THE SAME.

We have been a stable force in agriculture for over 100 years.

In times of uncertainty, we remain a steadfast partner, committed to your financial needs. Each new challenge better prepares us for the next.

We're planning for tomorrow so you can focus on today.



Call 800.800.4865 today or visit AgLoan.com/COVID-19

A part of the Farm Credit System. Equal Opportunity Lender.

Farms, Ranches & Fisheries

This section includes locally owned and operated farms, ranches, and fisheries offering wholesale and/or retail sales.

Del Norte



Alexandre Family Farm 8371 Lower Lake Rd., Crescent City 707-487-1000

www.alexandrefamilyfarm.com vanessa@alexandrefamilyfarm.com Products: Regenerative A2/A2 organic milk, organic eggs from pasture-raised chickens, organic pastured pork, organic grass-fed beef. Also has a farm store.



Blueberry Hill Farms

3290 Kings Valley Rd., Crescent City 707-464-4344

Find on Facebook

blueberryhillca@aol.com Products: Blueberries. On-site sales; please call ahead. Market: Crescent City.



My Honey's Produce

Smith River 707-218-7379

Find on Facebook

harleyuc13@gmail.com Products: Raw local honey. Market: Crescent City.





Oat Hill Organic Beef

500 Westbrook Ln., Smith River Find on Facebook

Products: Certified organic, pastureraised Angus beef. Market: Local groceries and online.



Ocean Air Farms

2420 Moorehead Rd., Fort Dick

707-616-1632

Find on Facebook

oceanairfarms@gmail.com Products: Wide variety of vegetables Markets: Crescent City. Also has farm stand open Sat.-Sun. in Summer and Sat. only in Winter.



Seabreeze Farms

Klamath

707-954-2141

Find on Facebook

seabreezefarms1@gmail.com Products: Seasonal produce, basil, cherry tomatoes, strawberries, English cucumbers, sugar snap peas. Market: Crescent City.



Woodhaven Farms

Crescent City

707-951-8391

Find on Facebook

Products: Pork, grass-fed Angus beef, lamb, chickens and turkeys all raised on local pastures. Markets: Crescent City and at farm. Local delivery available.

Humboldt - North

Ashley's Seafood

1548 Reasor Rd., McKinleyville 707-839-9059

Find on Facebook.

ashleysseafood@gmail.com Products: Fresh locally caught fish and crab from our boat to your table. Either caught ourselves or sourced from other local fishermen and Shellfish farms. Markets: Arcata Plaza (summer and winter) and others during summer.





We are proud to announce Alexandre Family Farm is the first certified Regenerative Organic dairy in the country!

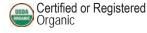
Find our delicious 100% organic A2/A2 dairy products and pastureraised eggs in your local grocery, or visit our Farm Store at 7955 Bailey Rd, Crescent City. You can also Book a Farm Tour at 707.487.1000.

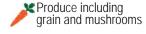


@alexandrefamilyfarm | Alexandrefamilyfarm.com



Accepts Cal-Fresh EBT









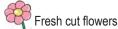


Plant starts

and/or seeds







Bayside Park Farm

930 Old Arcata Rd., Arcata 707-822-7091

www.cityofarcata.org/rec

baysideparkfarm@cityofarcata.org Products: Seasonal fruits and vegetables. CSA and farm stand; garden plots available for rent.



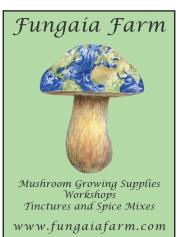
Blue Blossom Farm 115 Blue Blossom Ln., Eureka 707-407-0463

Find on Facebook

Products: Vegetables, herbs, eggs, meat, milk, fruit and flowers. Call for direct sales. Also available at the Kneeland Glen Farmstand.



brendasfamilyfarm@gmail.com Products: Microgreens. Available at groceries and restaurants.





Brunner Family Farm & Floravore Earthly Edibles **Designs**

Blue Lake

707-845-4718 www.brunnerfamilyfarm.com

sarahjobrunner@gmail.com Products: Cut flowers, mohair fibers, poultry and pork products, produce. Markets: Arcata Plaza (summer); online sales; on-site sales by appointment.



707-633-9007

www.crazyriverranch.com

crazyriverranch@gmail.com Products: Grass-fed beef, Black Dakota popcom, fruit and nuts. Market: Arcata Plaza (summer and winter). Beef delivery service through website.



Deep Seeded Community Farm Arcata

707-825-8033

www.arcatacsa.com

deepseeded@gmail.com Products: Variety of vegetables and strawberries. Also has CSA with farm pickup.



707-599-4458 dean.enhfarm@gmail.com Products: Seasonal produce, pepper sauces and more. Markets: Arcata Plaza (summer and winter), Eureka (Old Town and Henderson

Center) and Fortuna.





Korbel

707-502-5833

www.earthly-edibles.com earthlyediblescsa@gmail.com Products: Dried beans, seasonal vegetables and fruits. Markets: Arcata Plaza (summer and winter), Eureka (Henderson Center). CSA available.

Fernbridge Honey Company

6000 McKenny Ln., Eureka 707-498-2618

jumpingjanny@hotmail.com Products: Raw, unpasteurized honey. Markets: McKinleyville and Eureka (Henderson Center). Contact for direct sales; honey available in late summer.



Fieldbrook Valley Apple Farms 336 Rock Pit Rd., Fieldbrook 707-498-9228

Find on Facebook

loviesgotapples@suddenlink.com Products: Apples, blueberries and vegetables. Markets: Arcata Plaza (summer), Eureka (Henderson Center) and McKinleyville. Also has a farm stand and U-pick.

Five Finger Farms

155 Lawson Ln., Ferndale 818-489-2565

www.fivefingerfarms.com

fivefingerfarms@gmail.com Medicinal Herb Farm. Products: Dried herbs, flowers and roots. tinctures, infused oils, hydrosols, fresh culinary herbs, goldenberries and more.



Flora Organica

5075 Dows Prairie Rd., McKinleyville 707-839-3405

Find on Facebook

floraorganicafarm@gmail.com Products: Vegetable starts, herbs, vegetables, succulents, wreaths and seasonal cut flowers. Certified organic. Markets: Arcata Plaza (summer and winter). On-site sales by appointment.



Flying Greenhouse

Instagram @theflyinggreenhouse theflyinggreenhouse@gmail.com Products: Microgreens, wheatgrass, and edible flowers. Markets: Arcata Plaza. Also available at many local restaurants and juice bars.



Freshwater Gardens 5851 Myrtle Ave., Eureka

707-407-7123

Find on Facebook

freshwatergardens@yahoo.com Products: Vegetables, plant starts, eggs. Markets: Arcata Plaza (summer) and Eureka (Henderson Center and Old Town on Friday nights), McKinleyville and on site.



Fungaia Farm

Arcata 707-444-3799

www.fungaiafarm.com

fungaiafarm@gmail.com Products: Fresh mushrooms, tinctures, dried spice mixes, workshops. Sales online and at events.



Gopher Gardens

1469 Walker Point Rd., Bayside 707-502-1663

bdredsmile@gmail.com Products: Flowers, plants and strawberries. Market: Arcata Plaza (summer) and at home.



Green Spiral Farm

Arcata

707-498-5526

Instagram @greenspiralfarm greenspiralfarm@gmail.com Products: Vegetables, salad mix, baby greens, and strawberries. Market: Arcata Plaza (summer).

Happy Hearts Farm

Instagram @happyheartsfarm happyheartsfarming@gmail.com Products: Vegetables, flowers and herbs. Markets: Arcata Plaza (summer), Fortuna, Eureka (Old Town, Henderson Center) and McKinleyville.









Honey Apple Farms 11251 West End Road, Arcata

707-822-6186 honeyapplefarms@gmail.com Products: Apple cider vinegar, fruits KneelandGlengoats@msn.com and jams. Markets: Arcata (summer and winter).



I and I Farm

23351/2 Hooven Rd., McKinleyville Find on Facebook

ino707riley@gmail.com Products: Seasonal fruits, berries, vegetables and mushrooms. Markets: Arcata Plaza (summer and winter), Eureka (Old Town, Henderson Center and Friday Night), McKinleyville, Willow Creek Plaza (summer and winter). and Fortuna.



Jacoby Creek Land Trust oclopes 13@gmail.com

Kokte Ranch and Nature Preserve 2182 Old Arcata Rd., Bayside 707-822-0900

www.jclandtrust.org

jacobycreeklt@gmail.com Products: Organically grown grass-fed beef. Meat sales at Kokte Ranch on first Sat. of the month; contact for appointment.



Kneeland Glen Farmstand

5851 Myrtle Ave., Eureka 707-496-0459

Find on Facebook

Products: Produce, eggs, handmade items, goat milk soap, cottageindustry foods and crafts. Market: Arcata Plaza (summer).



140 Ole Hanson Rd., Eureka

707-441-9286

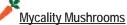
Find on Facebook

littleriverfarm@sbcglobal.net Products: Spring mixes and many specialty greens. Markets: Arcata



Liv Dirty Farm

Products: Turmeric. Markets: Arcata (winter).



1900 Bendixsen St., Fairhaven 707-834-6396

www.mycalitymushrooms.com mycality77@yahoo.com

Products: Mushrooms. Markets: Arcata Plaza (summer and winter) and Garberville.



Noble Berry Farm

3563 Fieldbrook Rd., Fieldbrook 707-834-6299

Find on Facebook

Products: Blueberries. On-site sales, U-pick.



Organic Matters Ranch 6821 Myrtle Ave., Eureka

707-407-FARM (3276)

www.organicmattersranch.com info@organicmattersranch.com Products: Organic vegetables, pasture-raised pork, grass-fed lamb. Markets: Arcata Plaza (summer and winter), Eureka (Henderson Center), and Garberville. Farm stand and Pumpkin Patch open in October.



Rain Frog Farm

Blue Lake 707-498-9837

rainfrogfarm@yahoo.com Products: Seasonal vegetables and herbs. Markets: Arcata Plaza (summer and winter), Eureka (Old Town and Henderson Center), McKinleyville and Fortuna.



Redwood Roots Farm

45 Fellowship Lane, Bayside (1/2 mile down Jacoby Creek Rd.)

707-826-0261 www.redwoodrootsfarm.com

janetcz@humboldt1.com Products: Seasonal vegetables, flowers, more. CSA and farm stand.



Reed's Bees

Arcata

707-826-1744

Products: Honey, beeswax, candles and propolis. Markets: Arcata Plaza (summer and winter).



Rock-n-Rose

1785 Mygina Ave., McKinleyville 707-599-2005

Find on Facebook

cindyannotto@yahoo.com Products: Lemons, plums, plant starts. Markets: Arcata (summer and winter).



Sweet Pea Gardens

1433 Freshwater Rd., Eureka 707-444-3180 / 707-499-3363 www.freshwatertea.com

sweetpgardens@gmail.com Organic herbal teas, green onions and flowers. Market: Arcata Plaza (summer).







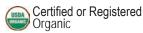
Tall Trees Family Farm 7557 Elk River Road, Eureka 760-977-0417

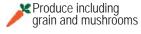
www.talltreesfamilyfarm.com talltreesfamilyfarm@gmail.com

Products: Pasture raised broiler chicken, turkey, eggs, lamb, seasonal vegetables and flowers. Markets: Eureka (Henderson Center) and on-site at farm.







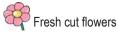






















The Oyster Lady Trinidad

707-498-4031

Find on Facebook

micatjoy@aol.com

Products: Pacific oysters,

Kumamoto oysters, mussels and
raw and barbecued oysters at
market. Markets: Arcata Plaza.

Terra Family Farm

Arcata

Products: Pumpkins, carrots, beets, Markets: Arcata, Eureka (Henderson Center).



<u>Trident Lightning Farms & Orchard</u>

1202 Chester Ct., Arcata 707-826-0490 / 707-683-6034 danielle@penandquilt.com Products: Fruits, vegetables, herbs and jams. Markets: Arcata Plaza (summer and winter), Eureka (Old Town and Henderson Center), Fortuna and Garberville.





Tule Fog Farm

1887 Q St., Arcata **707-502-9514**

Find on Facebook.

tulefogfarm@gmail.com
Products: Organic grass-fed beef
and lamb, pastured pork, organic
pastured turkey and eggs. Meat
CSA, egg CSA and whole hogs
(non-CSA). Markets: Arcata
(summer).

Wild Planet Dockside 45 Waterfront Dr., Eureka 707-445-8511

www.wildplanetfoods.com d.rominger@wildplanetfoods.com Products: Locally caught fresh fish; selection varies by season. At dockside.



Blue Lake **707-834-4115**

blakerichard3967@gmail.com Products: Quinoa, seasonal vegetables, herbs, and seeds. Markets: Arcata Plaza (summer and winter).

Woody Ryno Farms 1675 Woody Rd., McKinleyville 707-601-9547 www.woodyrynofarms.com

www.woodyrynofarms.com info@woodyrynofarms.com Products: Vegetables, pastured chicken, pork and lamb. Online sales available.

Humboldt - South



Azalea Angora

548 15th St., Fortuna 707-601-9499

alr51@humboldt.edu Etsy shop: Azalea Angora Farm Products: Raw Angora rabbit fiber. Call for direct sales.



Bear River Valley Beef

4415 Upper Bear River Rd., Ferndale **707-498-4089**

www.bestgrassfedbeef.com

info@bestgrassfedbeef.com Products: Grass-fed beef, jerky, salami, hot dogs, steaks, organ meat and roasts. Available at Wildberries, Arcata Plaza (summer and winter) and Garberville farmers' markets, local specialty shops and online sales.



Bee's Strawberries

262 Sunnybrook Dr., Fortuna 707-574-7414

mouanuly@gmail.com Products: Strawberries, blackberries, snow peas, snap peas and onions. Markets: Arcata Plaza (summer).



Briceland Forest Farm

Redway **707-223-3766**

www.bricelandforestfarm.com

bricelandforestfarm@gmail.com Products: Vegetables, greens and plant starts. Market: Garberville.







Charlotte's Perennials Whitethorn

707-986-7229

charsfarmart@gmail.com

Products: Salad mixes, seasonal
vegetables and herbs, fruit, and
plant start, tree vines, shrubs,
flowers and bouquets. Markets:
Garberville and Shelter Cove.

Clendenen's Cider Works 96 12th St., Fortuna 707-725-2123

www.clendenensciderworks.com clif@clendenensciderworks.com Products: Many varieties of apples, fresh apple cider and produce. Has a farm stand.



College of the Redwoods -Shively Farm 409 Shively Flat Rd., Scotia

707-599-1338 www.redwoods.edu/farm

silas-sarvinski@redwoods.edu Products: Seasonal vegetables and fruits, eggs and meat, certified organic alfalfa for livestock. Markets: Eureka Friday Night. Also has a U-pick and farm stand.



The Community Park Farm LLC 934 Sprowl Creek Rd., Garberville 707-267-0851

Products: No spray hay, wine grapes, farm tours. Markets: Garberville and farm stand.



Eel River Organic Beef

Hydesville 707-768-2164

www.certified-organic-beef.com

Products: Grass-fed beef. Sales through grocery stores and wholesale (call 916-374-4000).



707-499-2150

www.ewesodirty.com

jamie_cohoon@yahoo.com Products: Lamb and beef, soaps and lotions. Markets: Arcata Plaza (summer and winter) and Fortuna.



Fair Curve Farm

Ferndale

559-246-2246

www.faircurvefarm.com

faircurvefarm@gmail.com Products: Certified organic mixed vegetables, herbs, and vegetable starts. Markets: Fortuna. Also has a farm stand.



Feisty Dog Orchard

Garberville / Holmes 707-223-6288

Find on Facebook

Products: Apples, plums, spearmint, blackberries, hazelnuts. Markets: Arcata Plaza (summer and winter) and Fortuna.



Ferndale Farms

Ferndale 707-845-0752

www.ferndalefarms.com

ferndalefarms@gmail.com Products: Grass-fed lamb sales through grocery stores.



Flood Plain Produce

31117 Ave. of the Giants, Pepperwood 707-548-5428

Find on Facebook

hollisruth@asis.com Products: Seasonal fruit, herbs, vegetables, cut flowers, canning quantities of cucumbers, tomatoes. Ü-pick flowers. Market: Garberville. Has farm stand and vacation rental.



Henrietta's Garden

707-223-1805

Find on Facebook

createnewthings16@gmail.com Sustainable vegetable farm with herbs, edible flowers, medicinal plants, starts and seeds, Markets: Miranda and Garberville .



320 Schirman Way, Fortuna 707-725-9266 / 707-599-9088

www.hindleyranch.com

Ihindley@yahoo.com hindleyranch@gmail.com

Products: Certified organic flour and whole grains (wheat, barley and rye hay and straw). At retail stores and wholesale.



Humboldt Grassfed Beef

Fortuna 707-845-7878

www.humboldtgrassfedbeef.com

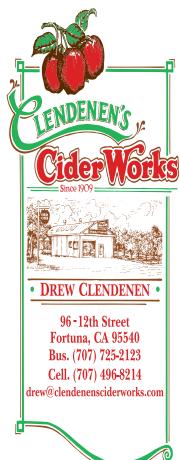
Products: Grass-fed beef from cattle ranches across Northern California. Sales at grocery stores.

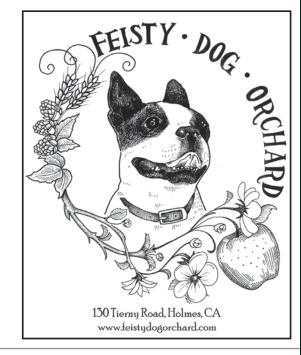


Jameson Creek Ranch, LLC 400 Dick Smith Rd., Fortuna 707-725-8616 / 707-502-6242

www.jamesoncreekranch.com leslie@jamesoncreekranch.com

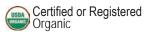
Products: Fruit, berries, herbs, New Zealand Kiko goat meat, almond tortes and toffee. Markets: Arcata Plaza (summer) and Fortuna.

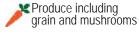














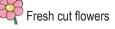


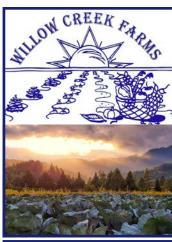
















Lost Coast Ranch

Lighthouse Road, Petrolia 707-629-3506

www.lost-coast-ranch.com mike@lost-coast-ranch.com Products: Grass fed & finished CCOF certified organic Wagyu/ Angus Beef; custom order quarter, half, whole beef or 50# box of select cuts. Markets: Petrolia and direct sales.





Luna Farm

3345 Dyerville Loop Rd., Redcrest 707-407-6642

Find on Facebook

amypfarm@gmail.com Products: Seasonal vegetables and heirloom fruits. Markets: Arcata Plaza (summer and winter), Eureka (Henderson Center), McKinleyville.



Moonshadow Farm

185 Cathey Ranch Rd., Miranda 707-943-3025

Find on Facebook (Moonshadow Farms, Miranda, CA)

toniandkurtstoffel@gmail.com Products: Figs, French prune plums, apples, quince, grapes, pears, lilacs, roses, flower bulbs, dried medicinal herbs, seeds and plants. Markets: Eureka (Henderson Center), Miranda and Garberville. Some products available at Kneeland Glen Farm Stand.



New Moon Organics

125 Shively Flat Rd., Shively 707-722-4439

www.newmoonorganics.com newmoonorganics@gmail.com Products: Seasonal vegetables, fresh cannellini beans, and fruits. *Markets: Arcata Plaza (summer)* and Garberville.



River Bees

156 Ewan Ave., Shively 707-722-4669

www.riverbees.weebly.com onemorebee@yahoo.com Apiculture work internationally in ecological development programs. Products: Honey, pollen, queens. Markets: Arcata Plaza (summer).



Saechao Strawberries

1665 Thelma Street, Fortuna 707-845-3930

Products: Strawberries, blackberries, snow peas, snap peas and onions. Markets: Arcata Plaza (summer), Eureka (Henderson Center) and Fortuna. Also has a farm stand.









Sarvinski Family Farms 441 Dillon Rd., Ferndale 707-499-0774

Find on Facebook

gsarvinski@gmail.com Products: Seasonal vegetables, fruits,

flowers, and pastured pork. Markets: Arcata Plaza (summer and winter), Eureka (Henderson Center), Fortuna. Also has a farm stand.

Schipper Family Farm

Honevdew 830-832-1682

schipperhoneydewfarm@gmail.com Products: Seasonal produce. Markets: Eureka (Friday night).







Shakefork Community Farm Carlotta

707-768-7002

www.shakeforkcommunityfarm.com shakeforkcommunityfarm@gmail.com Products: Pasture-raised, organically fed chickens and turkeys, eggs, grass-fed beef, vegetables, herbs and strawberries. Markets: Arcata (summer/winter), Fortuna and Garberville. CSA; onsite sales by appointment only.



Sunny Slope Farm

Miranda 707-943-3233

jdv2525@gmail.com Products: Fruits, berries, mushrooms, vegetables, chestnuts and walnuts. Market: Miranda.



Table Bluff Farm 101 Clough Rd., Loleta 707-890-6699

www.tableblufffarm.com

info@tableblufffarm.com Products: Heritage breed piglets, pastured chicken and pork, locally-sourced duck and beef via local farm partnerships. Seasonal flowers available for events. Find our soy-free, GMO-free eggs at Eureka Natural Foods. Cost-friendly CSA.





Two Mule Farm

3834 Thomas Rd., Miranda 707-223-0224 / 707-943-1741 Find on Facebook

sondratwomule@gmail.com Products: Plant starts, berries, tomatoes and squash. Markets: Garberville and Miranda.



707-498-0406 Find us on Facebook

fogle78@gmail.com Products: Salad greens and spinach. Markets: Arcata Plaza (summer), Fortuna.









Vegetables, strawberries, pastured eggs, chickens, turkey and grass-fed beef through our CSA program and Arcata, Fortuna & Garberville Farmers' Markets.

shakeforkcommunityfarm.com shakeforkcommunityfarm@gmail.com (707) 768-7002

Wandering Willow Farm 3815 Alderpoint Rd., Garberville

Find on Facebook

707-223-1894

wanderingwillowfarm@gmail.com Products: Local seasonal flowers. Market: Garberville.



Whitethorn 707-986-7273

Find on Facebook

yewbear@asis.com Products: Blueberries, seasonal vegetables, and fruits. Market: Garberville.

Humboldt - Inland



Willow Creek brianjdkstra@gmail.com Products: Seasonal produce. Market: Willow Creek.



Claudia's Organic Herbs Orleans

530-627-3712

www.claudiasherbs.com

claudiaholzinger13@gmail.com Products: Asparagus, Black Mission figs, olives, garlic, boysenberries, pineapple guava, lavender, white sage, fresh and dried culinary herbs. Markets: Arcata Plaza.



Crazy River Ranch Orleans 916-751-6192

www.crazyriverranch.com

crazyriverranch@gmail.com Products: Grass-fed beef, fruit and nut crops. Markets: Arcata Plaza.



Flying Blue Dog Farm & Nursery Willow Creek

www.flyingbluedog.com

flyingbluedog@flyingbluedog.com Products: Organic vegetable starts, culinary herbs, medicinal plants, ornamentals, garlic, mushrooms, jujube dates, quince, rabbit and quail meat, quail, chicken and duck eggs. Markets: Arcata Plaza (summer) and Willow Creek.



McIntosh Farm

Willow Creek 530-629-4145

vistarose@netzero.net Products: Seasonal vegetables, fruits, and flowers. Markets: Arcata Plaza (summer and winter), Eureka Plaza (summer). (Old Town and Henderson Center), McKinleyville and Fortuna.



Neukom Family Farm

Willow Creek

www.neukomfamilyfarmstore.com Products: Seasonal vegetables and fruits. Markets: Arcata Plaza (summer), Eureka (Henderson Center) and Willow Creek.



Pierce Family Farm

Orleans

530-627-3320

Products: Seasonal vegetables, kiwi, table and wine grapes. Market: Arcata Plaza (summer).

Quail Run Farm

Hoopa

530-351-3246

marcellenenorton@yahoo.com Products: Seasonal produce, specializing in a variety of heirloom vegetables. Markets: Arcata Plaza, Eureka (Henderson Center), McKinleyville and Hoopa.



Small Fruits

Hoopa 707-499-9756

spencerhill29@outlook.com Products: Seasonal vegetables, fruits, melons, berries, ethnoproduce and jams. Markets: Arcata Plaza (summer and winter) and Willow Creek.



Tanoak Hill Farm

Hoopa 707-834-4833

patty@tanoakhill.com

Products: Heirloom fruit including Nectar white peach, Gravenstein apple, Beurre Clairgeau pear and colorful tomatoes and melons from around the world. Market: Arcata



Trinity River Farm

2443 Highway 96, Willow Creek

530-629-3200

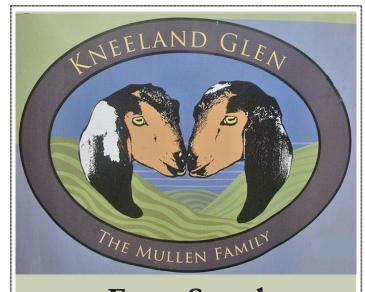
www.trinityriverfarm.com Products: Fruit and vegetables, plant starts, local jams, jellies and sauces. Has a farm stand.



Willow Creek Farms

Willow Creek 530-623-7151

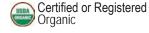
www.willowcreekorganicfarms.com info@willowcreekorganicfarms.com Products: Seasonal produce. Markets: Arcata Plaza (summer and winter), Eureka (Henderson Center), McKinleyville and Willow Creek.

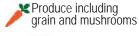


Farm Stand Goat Milk Soap Fresh Herbs **Local Products** Open Everyday Noon to 6 p.m.



Accepts Cal-Fresh EBT





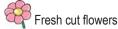


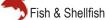














Caterers



This section includes locally owned/operated caterers committed to using locally sourced ingredients and beers, wines and spirits when possible.

Humboldt - North

Brett Shuler Fine Catering Arcata 707-822-4221 www.brettshulerfinecatering.com brett@brettshulerfinecatering.com

Blackberry Bramble BBQ Blue Lake

707-668-1616

www.blackberrybramblebbg.com blackberrybramblebbq@gmail.com Catering & BBQ sauces, local seafood and farm-to-table.

Cassaro's Catering Arcata

707-845-2255

www.cassaroscatering.com chris@cassaroscatering.com Catering for all occasions with seasonal local ingredients.

Casandra Kelly Catering 707-375-3066

www.casandrakellycatering.com casandrakellycatering@gmail.com Seasonal foods made with fresh local ingredients. Food for large events or gatherings, weekly meal prep, pop-ups, private dinners, and more.

Citrine Catering Arcata 310-570-7797

www.citrinecatering.com citrinecatering@yahoo.com

Comfort of Home Catering McKinleyville 707-496-6720

www.comfortofhomecatering.com Isarabia@suddenlink.net

Jefferson Community Center 1000 B Street, Eureka 707-497-6280 www.jefferson-project.org

thejeffersoncenterandpark@gmail.com Catering for events on-site.

Kentucky Don's BBQ

At farmers' markets 707-481-5664

Pachanga Mexicana 707-442-2587 www.pachangamexicana.com

Pizza Gago

pachangamexicana@att.net

707-273-8687 www.pizzagago.com pizzagago@gmail.com Full service wood fired cuisine and catering including BBQ, taco bar, pizza, appetizers, entrees, alcohol, rentals.

Ramone's Catering 2297 Harrison Ave., Eureka 707-442-6082 www.ramonesbakery.com catering@ramonesbakery.com

Sammy's BBQ Catering 1709 5th St., Eureka 707-443-4227

www.sammysbbqcatering.com sammysbbg@gmail.com

Sistah's Vegan Restaurant 100 Ericson Ct., Unit 160, Arcata 707-273-7473

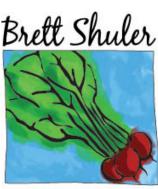
www.sistahsvegan.com sistahsveganrestaurant@yahoo.com

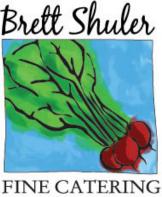
Uniquely Yours Catering McKinleyville 707-834-2732 www.uniquelyyourscatering.net Elizabeth@uniquelyyourscatering.net

Humboldt - South

J Catering Garberville 707-986-4439 www.jcaterings.com info@jcaterings.com

Moonlight Catering 1440 9th St., Fortuna 707-725-3254 www.moonlightcatering.com info@moonlightcatering.com







the Food Guide!

NEUKOM FAMILY FARM

Food Trucks & Pop-ups

This section includes locally owned/operated mobile/pop-up/ home-based/ prepared meal vendors that have committed to using local ingredients when possible.

Humboldt - North

Big Island Kine

1648 Myrtle Ave., Eureka (outside Myrtlewood Liquors) 808-938-5471 Find on Facebook

Local: Fish, seasonal vegetables.

<u>Celebrations Tamales and Sauce</u> At Arcata farmers' market

707-616-4769

www.celebratetamales.com info@celebratetamales.com *Local: Produce, cheese.*

Foodwise Kitchen

971 8th St., Arcata **707-633-8328**

www.foodwisekitchen.com foodwisekitchen@gmail.com Private events, pop-up dinners, and plant-based teaching kitchen. Local: Seasonal ingredients. Also plant-based teaching kitchen.

Humboldt Hot Dogs

At Arcata and Eureka (Henderson Center) farmers' markets

707-616-7299

cymountain@gmail.com Local: Sauerkraut, olive oil, sauces, buns.

Kentucky Don's BBQ

At farmers' markets 707-481-5664 Local: Apple cider and vinegar.

LoCo Fish Company

Food truck at local events and for hire for catering.

- 1300 Central Ave, McK (at Six Rivers Brewery)
- 1648 Myrtle Ave, Eureka (at John's Cigars)

Local: wild, sustainable, organic, and local seafood when possible.

Paloma Celebrations 707-572-5131

www.palomacelebrations.com paloma@palomacelebrations.com Mobile bar & beverage service in a vintage inspired caravan. Special events and outdoor festivities.

Pizza Gago

At Mckinleyville Farmers Market and Friday Eureka Farmers Market (see Facebook for other locations).

707-273-8687

www.pizzagago.com pizzagago@gmail.com Wood Fired Cuisine, not limited to pizza. Local: Organic and sustainable ingredients for sauces and toppings.

Sistah's Vegan Restaurant

100 Ericson Ct., Unit 160, Arcata Food truck at 867 7th St., Arcata and at Arcata Farmers Market 707-273-7473

www.sistahsvegan.com

sistahsveganrestaurant@yahoo.com Local: Produce, fruit and herbs. All organic and sugar-free.

Tea Hehe

Teas, treats & tonics from the earth. Providing personal tea parties to go for local pickup and delivery. 707-633-8701

www.teaheherbals.com teahehe14@gmail.com

Humboldt - South

Kentucky Don's BBQ

At Arcata (winter), Fortuna, Garberville and Eureka Friday Night farmers' markets.

707-481-5664

Local: Apple cider and vinegar.

Humboldt - Inland

Dream Quest

Pop-up restaurant at Willow Creek farmer's market. 530-629-3564 www.dqwc.org

MAKE YOUR EVENT A LOCAL 'WIN WIN' SUCCESS FROM THE START



EFFERSON COMMUNITY CENTER

We provide very affordable meals to your specifications (in bulk or boxed to go) for your special events. All meals are prepare in our on-site commercial kitchen facility using high quality, sustainable food/catering services for any non-profit or community activity aligned with our community focused mission.

MAKING PROGRESS WHERE PEOPLE MATTER

Contact us today.

facebook

www.facebook.com/Jefferson.Project

email: lets.buy.jefferson@gmail.com

Phone: (707) 497-6280

Address: 1000 B Street, Eureka, CA 95501



THE WESTSIDE COMMUNITY IMPROVEMENT ASSOCIATION, INC.

P.O. Box 5315, Eureka, CA 95502 WCIA is a non-profit 501 (c) (3) public charity

Restaurants

This section includes locally owned/operated restaurants com- 675 Hwy. 101 South, Crescent City mitted to using locally sourced ingredients and beers, wines and Find on Facebook spirits when possible.

Del Norte

Crescent Seafood

170 Marine Way, Crescent City 707-460-1115

Find on Facebook

Retail seafood market, restaurant, deli/takeout. Local: Fish, oysters, and crab.

Cristina's

237 Price Mall, Crescent City 707-464-9213

Local: Produce and beer.

Enoteca Wine Bar & Café

960 3rd St., Crescent City 707-464-2909

Find on Facebook

Local: Taylor's meat, Rumiano cheese and beer.

Fisherman's Restaurant

700 Hwy. 101 South, Crescent City 707-465-3474

Find on Facebook

Local: Fish and cheese.

Good Harvest Café

575 Hwy. 101 South, Crescent City 707-465-6028

Find on Facebook

goodharvestcafe@gmail.com Local: Produce, fish, cheese, beer.

Hiouchi Café

2095 Highway 199, Hiouchi 707-458-3445

www.hiouchicafe.com

cafe@hiouchicafe.com

Local: Meat, fish, cheese, berries.

Historic Requa Inn

451 Regua Rd., Klamath 707-482-1425

www.requainn.com

innkeeper@requainn.com Local: Produce, fruit, fish, dairy, desserts, beer and wine.

www.headiespizzaandpour.com

bles, mushrooms, beer and wine.

Oceans 675

707-465-5656

Local: Fish, cheese and beer.

Port O'Pints Brewing Co.

1215 Northcrest Dr, Crescent City 775-745-8477

www.portopints.com

Freshly made sandwiches, salads, soups, and wraps using locally grown produce from Ocean Air

Farms and cheese from Rumiano Cheese Factory.

Sally's by the Sea

1070 Hwy. 101 South, Crescent City 707-464-5111

Find on Facebook

Local: Wild Rivers coffee, honey, Rumiano cheese and eggs.

Schmidt's House of Jambalaya

110 Anchor Way, Crescent City www.jambalaya.house.com 707-465-1465

Seaguake Brewing

400 Front St., Crescent City

707-464-4444

www.seaguakebrewing.com

Brewery and family-style restaurant. Canned beer available to go. Catering in house and out. Local: Produce, meat, cheese, beer and kombucha.

Humboldt - Trinidad

Beachcomber Café

363 Trinity St., Trinidad

707-677-0106

www.beachcombertrinidad.com

beachcombercafe@gmail.com Local: Seasonal produce, baked goods, kombucha and coffee.

Headies' Pizza and Pour

359 Main St., Trinidad

707-677-3077

Local: Salad greens, fruit, vegeta-

Larrupin Café

1658 Patricks Point Drive, Trinidad 707-677-0230

www.thelarrupin.com

Local: Goat and other cheeses, seafood, greens, vegetables, fruit, beer, wine, and cider (organic when possible).

The Lighthouse Grill

355 Main St., Trinidad 707-677-0077

www.trinidadlighthousegrill.com info@trinidadlighthousegrill.com

Local: Humboldt Grass Fed Beef, Straus and Clover dairy products, local wine from Moonstone Crossing, Cap'n Zach's crab, Tofu Shop tofu, Southside Mike's BBQ sauce, Mad River Farms jalapeno jelly, Muddy Waters coffee, Redwood Curtain and Mad River beer, Fish Brothers

salmon and smoked albacore tuna. Top quality, ultra fresh seasonal produce from Deep Seeded Community

Farm's CSA.

Seascape Restaurant and Pier Tribal Owned

Bay Street, at the Pier, Trinidad 707-677-3762

www.seascape-trinidad.com

Local: Wild-caught Chinook salmon, other fish, Dungeness crab, smoked fish, smoked ham, ground beef, seasonal produce, cheese, butter, wild berries, beer and wine.

Trinidad Eatery

607 Parker St., Trinidad

707-677-3777

www.trinidadeatery.com

TrinidadEatery@aol.com Local: Produce and other ingredients.

Wild at Hearth

Behind the Beachcomber 363 Trinity St., Trinidad

707-677-3881

organic.

Find on Facebook

wildathethearth@gmail.com Local: Rumiano cheese, goat cheese, herbs and produce; 95% Humboldt - McKinleyville & Fieldbrook

Eureka Natural Foods Kitchens

2165 Central Ave., McKinleyville 707-839-3636

www.eurekanaturalfoods.com

Local: Grass-fed beef, tofu, local organic produce, sandwiches and hot bar. Also has location in Eureka.

Fieldbrook Market and Eatery Bar and Grill

4636 Fieldbrook Rd., McKinleyville 707-633-6097

Find on Facebook

fieldbrookmarket@gmail.com Local: Organic local ingredients whenever possible, grass-fed beef, produce, beer, wine, coffee, kombu-

Six Rivers Brewery

1300 Central Ave., McKinleyville

cha, cheese, sauces and more.

707-839-7580 www.sixriversbrewery.com Local: Baked goods, gluten-free

buns & pizza crust, tortillas, goat cheese, jams, hot sauces, grass-fed beef, coffee, wines, distilled spirits and beer.

Sushi Spot

1552 City Center Rd., McKinleyville 707-839-1222

www.sushispotarcata.com

Local: Quail eggs, smoked and fresh albacore, smoked salmon, tofu, mustard sauce, flour, beer and wine. Also has location in Arcata.

Humboldt - Arcata

The Alibi

744 9th St., Arcata 707-822-3731

www.thealibi.com

Local: Produce from farmers' market, tofu, goat and other cheeses, beef, oysters, fish, kombucha, coffee, beer, cider and distilled spirits. On-site caterina.

Arcata Pizza and Deli

1057 H St., Arcata 707-822-4650 www.arcatapizza.com Local: Fish, beer and cider.

Arcata Scoop 1068 I St., Arcata 707-825-7266

Find on Facebook

arcatascoop@suddenlink.net Local: Seasonal produce used in making products. Lavender, chai, honey, olive oil and local baked goods as mix-ins for ice cream, sorbet and non-dairy desserts.

The Big Blue Café 846 G St., Arcata

707-826-7578

www.thebigbluecafe.com Breakfast and lunch featuring local produce, meat, tofu, coffee and beer.

Blondie's Food and Drink

420 E. California Ave., Arcata 707-822-3453

blondiesfoodanddrink@gmail.com Local: Bread, produce in season, cheese, caramels, coffee, kombucha, craft beer and wine.

The Burger Joint

835 J St., Arcata 707-630-5144

Find on Facebook

theburgeriointarcata@gmail.com Local: Beef, cheese, lettuce, microgreens, pesto, milk, popsicles, buns, goat cheese, cider, beer and wine.

Café Brio

791 G St., Arcata 707-822-5922

www.cafebrioarcata.com

cafe@briobaking.com

Local: Organic produce, beer, wine, kombucha, fresh-baked pastries and specialty coffee.

Campground

865 9th St., Arcata 707-630-5148

www.campgroundarcata.com Local: Seasonal produce, beans, cheese, squashes and wine.

Café Mokka

Finnish Country Sauna and Tubs 495 J St., Arcata 707-822-3442

www.cafemokkaarcata.com

cafemokka1982@gmail.com Local: Chocolate, baklava, bread and other locally baked goods.

Café Phoenix

1360 G St., Arcata 707-569-6780

Find on Facebook

cafephoenixarcata@gmail.com All organic, farm to table restaurant featuring produce, meats and products from many local farms and businesses. Local: Produce, mushrooms, tofu, grass-fed beef, olives, bread, kombucha, coffee, hot sauce, cider, wine and beer.

Humbrews

856 10th St., Arcata 707-826-2739

www.humboldtbrews.com

humbrews@gmail.com Local: Grass-fed beef, seafood, tofu, goat cheese, tortillas, breads, beer, wine, kombucha, vodka, rum and ciders.

Japhy's Soup and Noodles

1563 G St., Arcata 707-826-2594

www.japhys.com

Local: Grass-fed beef, tofu, summer and winter squash, dry beans, root vegetables, cabbage, beets, lettuce, greens, herbs, tomatoes, onion, fruit, leeks, quinoa, cucumber, peppers, eggplant, potatoes, fruit and beer.

La Trattoria

30 Sunny Brae Center, Arcata 707-822-6101

www.latrattoriaarcata.com

Local: Grass-fed beef, goat, lamb, fish, beans, dairy, cheese, olives, grains, year-round produce, beer and wine.

Los Bagels

1085 | St., Arcata 707-822-3150

www.losbagels.com

Local: Berries, basil, peaches, grass-fed beef, smoked fish, goat cheese, dairy, herbs, produce, spreads and tofu. Also has location in Eureka.

North Coast Co-op

811 I St., Arcata 707-822-5947

www.northcoast.coop

Local: Seasonal local produce and a variety of local products in deli and bakery. The grab-n-go case features items from a variety of local vendors. Also has location in Eureka.

Northtown Coffee

1603 G St., Arcata 707-633-6187

www.organicnorthtown.com

organicnorthtown@gmail.com Local food offerings, organic and locally roasted coffee and alternative milks.

Plaza Grill

780 7th St., Arcata 707-826-0860

www.plazagrillarcata.com

Local: Produce, fish, cheese, grassfed beef, breads, wine and beer.

The Pub at the Creamery

824 L St., Suite A. Arcata 707-630-5178

Find on Facebook

Local: Produce when available, cheese, cider, gluten-free and vegetarian options.

Richard's Goat Tavern

401 I St., Arcata

707-630-5000

www.richardsqoat.com

richardsgoat@gmail.com Local: Fruit, herbs, wines, beers, spirits, grass-fed beef and herb tea.

Salt Fish House

935 I St., Arcata

707-630-5300 www.saltfishhouse.com

Local: Produce, fish, shrimp, goat cheese and wine. Offering to-go and outdoor seating.

Slice of Humboldt Pie

828 I St., Arcata 707-630-5100

www.sliceofhumboldtpie.com info-orders@sliceofhumboldtpie.com Sweet and savory pies. Local: Grass-fed beef, vegetables, fruit, cheese, chocolate and coffee.

Stars Hamburgers

1535 G St., Arcata 707-826-1379

Local: Buns and grass-fed beef. Also has location in Eureka.

Sushi Spot

670 9th St., Arcata 707-822-1221

www.sushispotarcata.com

Local: Quail eggs, smoked and fresh albacore, smoked salmon, tofu, mustard sauce, flour, beer and wine. Also has location in McKinleyville.

T's Café North

860 10th St., Arcata 707-826-2133

www.tscafenorth.food-ts.com

tscafenorth@gmail.com Local: Greens and other vegetables, fruit, cheese, bread and rolls including gluten-free, smoked fish, dairy, chai, grass-fed beef, hot sauces, tofu, ciders, beer and wines.

Tomo Japanese Restaurant

708 9th St., Arcata

707-822-1414

www.tomoarcata.com Local: Produce, fresh and smoked

fish, tofu and wine.

Wildflower Café

1064 G St., Arcata 707-822-0360

www.wildflowercafebakery.com

Local: Lettuce, kale, beets, squash, potatoes, gluten-free bread, fruit, cheese, tofu, beer, wine and coffee.

WildPlatter Café

at Wildberries Marketplace 747 13th St., Arcata 707-822-0095

wildberries.com/wildplatter-cafe

Local: Produce, mushrooms, quinoa, tofu, grass-fed beef, tuna, jerk, salsa, sauces, pasta, pastries, breads and burritos.

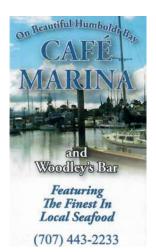
Humboldt - Blue Lake

Alice's Restaurant **Tribal Owned**

Blue Lake Casino Hotel 777 Casino Way, Blue Lake 877-252-2946 x 2781

www.bluelakecasino.com

Local: Cheese, oysters, quinoa, seasonal produce and fruit, local flour, chocolate, cookies, pie, hot sauce, barbecue sauce, mustard sauce, jam, coffee, chai, beers and distilled spirits.



Thank You the Food Guide!

> **BRICK** & FIRE

THE SEA **GRILL**

Humboldt - Eureka

Bandit Savory & Sweet

525 2nd Street, Suite 101, Eureka banditsavoryandsweet@gmail.com Local: Seasonal food and coffee.

The Boardroom

3750 Harris St., Eureka (at the Redwood Acres Fairgrounds) 707-572-5129

sonnysimonian@gmail.com Local: House-made meat and cheese, other local cheese, wine and beer.

Brick and Fire Bistro

1630 F St., Eureka 707-268-8959

www.brickandfirebistro.com

brick.fire@att.net

Wood-fired & Mediterranean menu. Local: Produce from own garden.

Café Marina

601 Startare Dr., Eureka (Woodley Island)

707-443-2233

www.cafemarina.net

Local: Crab, fish, cheese, wine and beer.

Café Nooner

2910 E St., Eureka 707-407-3664

www.cafenooner.com

Local: Grass-fed beef, goat cheese, honey, cheese, produce, bread, fruit, beer, wine, coffee and chai.

Café Waterfront

102 F St., Eureka 707-443-9190

www.cafewaterfronteureka.com Local: Produce, oysters, seafood and grass-fed beef for hamburgers.

Cocina Mariposa

4750 Fairway Dr., Eureka 707-599-2469

www.cocinamariposa.com

cosinamariposa11@yahoo.com Local: Homemade tortillas, organic, locally sourced produce when available.

Delish on 5th

440 F St., Eureka 707-273-5155

www.delishon5th.com

Kitchen store and deli. Quality selection of deli meats and cheeses. Local: Produce, jellies, hot sauce, Cypress cheeses and other local food-related items.

Ecos Café (at Seguoia Park Zoo) 3414 W St., Eureka

707-441-4840

www.sequoiaparkzoo.net

Local: Produce from own garden, grass-fed beef, ice cream, cheese and Natty veggie burgers.

Eureka Natural Foods Kitchens

1450 Broadway, Eureka 707-442-6325

www.eurekanaturalfoods.com

Local: Grass-fed beef, tofu, local organic produce, sandwiches and hot bar. Also has location in McKinlevville.

Five Eleven

511 2nd St., Eureka

707-268-3852

Local: Produce, goat cheese, oysters, other seafood, dairy, bread and tofu.

Gabriel's Restaurant

216 E St., Eureka 707-599-1388

www.gabrielseureka.com

gabrielsrestaurant216@gmail.com Local: Produce, oysters, cheese, wine, beer and liquor.

Gold Rush Coffee

2742 Broadway, Eureka 707-442-2333

www.goldrushcoffee.net

goldrushcoffee@outlook.com Drive-thru coffee shop also serving smoothies and deli food. Local: smoked fish, Chais, Larrupin dill sauce, coffee and pastries.

The Greene Lily 307 2nd St., Eureka

707-798-6083

thegreenelily@yahoo.com Local: Produce from local farmers' markets, coffee, bread and tortillas.

Humboldt Bay Bistro

1436 2nd St., Eureka 707-443-7339

www.humboldtbaybistro.com

glasshouse2p@gmail.com Local: Produce, oysters, fish, crab, coffee, beer, cider and wine.

Humboldt Bay Provisions

205 G St., Eureka 707-672-3850

www.humboldtbayprovisions.com

humboldtoyster@gmail.com Local: Oysters, cheese, wine, beer and kombucha.

Humboldt Soup Company 1019 Myrtle Ave., Eureka

707-268-8298

www.humboldtsoupcompany.com Local: Mixed greens, majority of vegetables from many local farms,

Jerk Kitchen

427 W Harris St., Eureka 707-407-0586

mushrooms, coffee and chai.

Instagram @the_jerk_kitchen

Authentic Jamaican food with imported drinks, vegetarian options and desserts.

Living the Dream Ice Cream

1 F St., on the Boardwalk, Eureka 707-407-3508

www.dreamicecream707.com

dreamicecream707@gmail.com Catering available. Local: Handmade ice cream with local ingredients including seasonal fruit.

Los Bagels

2nd and E Streets, Eureka 707-442-8325

www.losbagels.com

Local: Berries, basil, peaches, grass-fed beef, smoked fish, goat cheese, dairy, herbs, produce, spreads and tofu. Also has location in Arcata.

Lost Coast Brewery and Café

617 4th St., Eureka 707-445-4480

www.lostcoast.com

cafe@lostcoast.com Local: Grass-fed beef, cheese, bread, dairy, goat cheese, tofu and

North Coast Co-op

25 4th St., Eureka 707-443-6027

beer.

www.northcoast.coop

Local: Seasonal local produce and a variety of local products in deli and bakery. The grab-n-go case features items from a variety of local vendors. Also has location in Arcata.

Oberon Grill

516 2nd St., Eureka

707-443-3663

www.oberongrill.net

oberon.grill@gmail.com Local: Berries, apples, rhubarb, produce, herbs from the garden, beer, wine, distilled spirits, cheese, wild foraged mushrooms and microgreens.

Old Town Coffee and Chocolates www.oldtowncoffeeeureka.com

Local: Coffee, chocolate, cream cheeses, bread, chai, pastries, cutout cookies, cakes, sauces and jam.

- Henderson Center 502 Henderson Street, Eureka 707-442-1522
- Old Town 211 F St., Eureka 707-445-8600

Pachanga Mexicana 1802 5th St., Eureka 707-442-2587

www.pachangamexicana.com pachangamexicana@att.net Local: Produce as much as possible when available and local eggs.

The Sea Grill 316 E St., Eureka 707-443-7187 www.seagrilleureka.com seagrill316@gmail.com shrimp, herbs, microgreens, petrale

sole, rockfish, mushrooms.

Shenanigans Pizza 1604 4th St., Eureka 707-407-3814 Local: Organic greens and herbs.

Siren's Song Tavern 352 2nd St., Eureka 707-798-1030 Local: beer and cider.

and produce.

Sixth and E Neighborhood Eatery 603 E St., Eureka 707-445-8783 www.sixthande.com Local: Grass-fed beef, buns, beer

Stars Hamburgers 2009 Harrison Ave., Eureka 707-445-2061 Local: Grass-fed beef, pita bread, gluten-free bread and desserts. Also has location in Arcata.

Surfside Burger Shack 445 5th St., Eureka 707-268-1295 www.surfsideburgershack.com Local: Grass-fed beef, gluten-free bread, cider and beer.

A Taste of Bim **Black Owned Business** 613 Third St., Eureka 707-298-7099 www.atasteofbim.com Stews, fish, various curries, burgers, beer/wine/cider/kombucha.

The Wine Cellar 407 Second St., Eureka 707-798-5006

Local: Wine, cider, cheese, bread, honey, seasonal fruit and chocolate.

Humboldt - Fernbridge

Ridgetop Café and Coffee Barn 623 Fernbridge Dr., Fernbridge 707-786-3900

ridgetopcafe@gmail.com Local: Pasture-grazed grass-fed beef, hot dogs, jerky and local eggs.

Humboldt - Ferndale

The VI Restaurant 400 Ocean Ave., Ferndale 707-786-4950 www.virestaurant.com dine@virestaurant.com Full and varied menu, using locally Local: oysters, Dungeness crab, bay grown or produced products wherever possible.

Humboldt - Fortuna

Angelina Wood Fired Kitchen 281 Fernbridge Dr., Fortuna 707-725-7000

Hand tossed wood burning oven pizza. Local: Lamb, beef, produce, cheese, ice cream, wine and beer.

Humboldt - South

Amillia's Café 443 Melville Rd., Garberville 707-923-4340

www.amillias.com

Local: Produce, cheese, grass-fed beef, fish, tofu, dairy, jam, coffee, beer and wine. Organic whenever possible.

Avenue Café 6743 Highway 254, Miranda (Avenue of the Giants) 707-943-9945 www.avenuecafe.biz

Local: Produce, dairy, beer and wine.

Benbow Historic Inn 445 Lake Benbow Dr., Garberville 707-923-2124 www.benbowinn.com/dining/ Local: Herbs and vegetables from their own garden; dairy, cheese, fish,

mushrooms, beef, oysters, berries,

stone fruit, honey, wine and beer.

Calico's Café

808 Redwood Dr., Garberville 707-923-2253

Local: Produce, grass-fed beef, tofu, beer, wine and coffee.

Cecil's New Orleans Bistro 773 Redwood Dr., Garberville (Upstairs at Jacob Garber Square) 707-923-7007

Local: Produce in season from local farms, fish and meat when possible. jams, dairy, apple juice, coffee, beer and wine.

Eel River Café 801 Redwood Dr., Garberville 707-923-3783

Local: Grass-fed beef and cage-free

Gyppo Ale Mill 1661 Upper Pacific Dr., Shelter Cove 707-986-7700

www.gyppo.com

Local: Organic and locally sourced meals, including local caught fresh fish and 12 rotating beers on tap made in house.

Home Cooking Take and Bake Pizza 47 Briceland-Thorn Rd., Redway, 707-923-4961

Local: Pizzas, salads, sandwiches, raw food, seasonal pies and milled flour.

The Lost French Man 3344 Redwood Dr., Redway 707-923-2030 www.thelostfrenchman.com Local: Vegetables, fruit, cheese, honey, wine and beer.

Mi Mochima Restaurant 210 Wave Dr., Shelter Cove 707-358-0460

Comfort American food with two or three nice dinner items. Beer, wine, Sangria in-house, to-go available. Source most ingredients locally including local rockfish, crab and veggies. Jabanero and other peppers grown in owner's garden.

Redwood Palace

6735 Avenue of the Giants, Miranda 707-223-5749

www.redwoodpalacemiranda.com Local: Oysters, produce, cheese, grass-fed beef, beer and wine.

Woodrose Café 911 Redwood Dr., Garberville 707-923-3191

www.thewoodrosecafe.com Local: Produce, tofu, fresh juices, mushrooms, beers, coffee, dairy, cheeses, grass-fed beef and fresh organic tortillas.



Grocery Stores & Fish Markets

GROCERY STORES

This section includes locally owned/operated grocery stores that carry local products.

Del Norte

Wild Rivers Market 450 M St., Crescent City 707-464-1926 www.wildriversmarket.com Daily 9:00 a.m.-7:00 p.m.

Humboldt - North

Eureka Natural Foods
www.eurekanaturalfoods.com
Offering all organic (and local when
possible) produce, including from
Green Spiral Farm, Rain Frog Farm,
Willow Creek Farm and Wild Rose
Farm. Also carries many local packaged foods and beverages.
See more on inside front cover

- Eureka (1450 Broadway) 707-442-6325 Daily 7:00 a.m. to 9:00 p.m.
- McKinleyville (2165 Central) 707-839-3636 Daily 7:00 a.m. to 9:00 p.m.

Fieldbrook Market and Eatery 4636 Fieldbrook Rd., McKinleyville 707-633-6097

www.fieldbrookmarket.com

Small grocery and restaurant with many local grocery items plus local beers and ciders on tap. Locally made leather products, jewelry, lotions and essential oils. Local grass fed beef and local fruits and vegetables whenever available.
Tues.-Thurs. 8:00 a.m.-8:00 p.m.
Friday 8:00 a.m.-10:00 p.m.
Sat.-Sun. 9:00 a.m.-8:00 p.m.

Murphy's Markets

www.murphysmarkets.net cavelar@murphysmarkets.net Each location has a deli offering many selections for breakfast, lunch and dinner made fresh daily or as you wait. Wraps, salads, pizza, crab cakes, fruit and more.

- Cutten (4020 Walnut Dr.) 707-443-7388 Daily 7:00 a.m.-10:00 p.m.
- Glendale (1451 Glendale Dr.) 707-822-1157 Weekdays 6:30 a.m.-10:00 p.m. Sat.-Sun. 7:00 a.m.-10:00 p.m.
- Sunnybrae (785 Bayside Rd.) 707-822-7665
 Mon.-Sat. 7:00 a.m.-11:00 p.m. Sunday 7:00 a.m.-10:00 p.m.
- Westwood (100 Westwood Center / Alliance Road, Arcata) 707-822-0411 Mon.-Sat. 7:00 a.m.-11:00 p.m. Sunday 7:00 a.m.-10:00 p.m.
- Trinidad (Main and View St.) 707-677-3643
 Daily 7:00 a.m.-10:00 p.m.

North Coast Co-op www.northcoast.coop Daily 7:00 a.m.-9:00 p.m. See more on back cover

- Arcata 811 | St., Arcata 707-822-5947
- Eureka 25 4th St., Eureka 707-443-6027

Wildberries Marketplace 747 13th St., Arcata 707-822-0095 www.wildberries.com Daily 6:00 a.m.-midnight.

Humboldt - South

<u>Chautauqua Natural Foods</u> 783 Locust St., Garberville 707-923-2452

www.chautauquanaturalfoods.com Mon.-Sat. 9:00 a.m.-7:00 p.m. Sunday 10:00 a.m.-5:00 p.m.

Humboldt - Inland

River Song Natural Foods 80 Country Club Dr., Willow Creek 530-629-3148 Find on Facebook Mon.-Sat. 9:00 a.m.-7:00 p.m. Sunday 10:00 a.m.-6:00 p.m.

> Thank You for Sponsoring the Food Guide!

TWISTED TREE
BAKERY



CHAUTAUQUA NATURAL FOODS Garberville, CA • (707) 923-2452

@ChautauquaNaturals
 www.chautauquanaturalfoods.com

FISH MARKETS

Locally owned and operated fish markets.

Del Norte

Crescent Seafood

170 Marine Way, Crescent City 707-460-1115

Freshly caught fish and other seafood, smoked seafood.

Humboldt - North

Ashley's Seafood

1548 Reasor Rd., McKinleyville 707-839-9059

ashleysseafood@gmail.com Products: Fresh locally caught fish and crab from our boat to your table. Either caught ourselves or sourced from other local fishermen and Shellfish farms. Markets: Arcata Plaza (summer and winter) and others during summer.

Katy's Smokehouse and Fish

Market

740 Edwards St., Trinidad **707-677-0151**

www.katyssmokehouse.com Fresh and smoked fish, shellfish, canned gourmet albacore tuna, smoked salmon jerky. Open Wed.-Mon. 9:00 a.m. - 4:00 p.m. and by appointment. Locally owned for 75

Oceana Hooknline Seafood

H Dock, Woodley Island Marina, Eureka 707-362-5054

Find on Facebook

hooknlineseafood@yahoo.com Fresh, sustainably caught, hook and line seafood direct from our boat to your hands.



Featuring local product in every department!



Full service deli at all 5 locations! Serving local products, like Brio bread and Los Bagels!

More than a grocer, your neighbor since 1971!

www.murphysmarkets.net

SUNNY BRAE | CUTTEN |TRINIDAD| GLENDALE | WESTWOOD





Pachanga Mexicana

Restaurant & Catering

Made from scratch for 20 years

Featuring local seasonal ingredients

707-442-2587 pachangamexicana@att.net www.pachangamexicana.com















SMALL
BUSINESS
DEVELOPMENT
CENTER

Packaged Foods

This section includes locally owned/operated packaged food producers. Many use local ingredients when possible.

BAKED GOODS & GRAINS

Arise Bakery

100 Ericson Ct., Suite 115, Arcata www.arisebakerygf.com arisebakery@gmail.com Gluten-free wild yeast sourdoughs, yeasted breads, sweet and savory baked goods using organic ingredients. On-site by appointment only. Also at Arcata farmers' market.

Beck's Bakery

100 Ericson Ct., Suite 100C, Arcata 707-840-8004

www.becksbakery.com

info@becksbakery.com Wholesale bread bakery infuses regionally grown grains in all of their organic breads and other baked goods. Flour milled on site. Contact for whole grain bread subscription. Also at Arcata & Fortuna farmers' markets.

Brio Breadworks

1309 11th St., Suite 101, Arcata 707-822-0791

www.briobaking.com

brio@humboldt1.com Artisan hearth breads and pastries Also sold at Arcata farmers' market and on site at Café Brio.

Desserts on Us

57 Belle Falor Ct., Arcata 707-822-0160

www.dessertsonus.com

operations@dessertsonus.com Baklava, Lacey's cookies.

Frankie's New York Bagels

3750 Harris St., Eureka (At Redwood Acres Fairgrounds) 707-599-3305

www.frankiesbagels.com

frankiesnybagels@gmail.com New York style bagel bakery. Thurs.-Sun. 8:00 a.m.-1:00 p.m.

Glee's Baking and Milling Company

Ferndale

707-601-0070

everglee@yahoo.com Bread and pastries from local grains (some wheat free); mill their own flour. Call for special orders and appointments.

Jameson Creek Ranch, LLC 400 Dick Smith Rd., Fortuna 707-725-8616 / 707-502-6242

leslie@iamesoncreekranch.com Pastries and confections (English toffee and almond tortes, etc.). Also at various farmers' markets.



Los Bagels

www.losbagels.com office@losbagels.com

Organic bagels, pastries, bread and cream cheese spreads.

- Arcata
- 1085 I St., Arcata 707-822-3150
- Eureka

2nd and E Streets, Eureka 707-442-8325

Mandy's Macs 707-601-4949

mandysmacs@gmail.com Macarons. Available at Kneeland Glen Farm Stand.

Natural Decadence

3750 Harris St., Eureka (At Redwood Acres Fairgrounds) 707-444-2629

www.raisedglutenfree.com

Gluten-free pies, cookies and shortbread. Specializing in allergen-free natural desserts not containing gluten, nuts, egg or dairy.

North Coast Co-op Bakery & Deli www.northcoast.coop

Breads, pastries, sandwiches, salads and more.

- Arcata (811 | St.) 707-822-5947
- Eureka (25 4th St.) 707-443-6027

The R.O.S.E Homemaker

27151/2 I St., Eureka 707-267-3007

larosadesharon@yahoo.com Low-carb, keto, vegan, and gluten-free breads and cakes. Call or email for how to purchase.

Royal Cookie Capers

100 Ericson Ct., Suite 145, Arcata 707-822-0492

www.royalcookiecapers.com

info@royalcookiecapers.com Family operated wholesale bakery specializing in vegan and dairy free cakes, cookies and breads.

Sticks and Scones

Crescent City 307-251-9595

ipearcey@gmail.com Delicious baked goods using fresh and locally acquired ingredients. Pies and baked goods to order. Also at Crescent City farmers' market.

Twisted Tree Bakery

634 Burnt Stump Ln., Fieldbrook 707-497-4958

sdiemer4@gmail.com Fresh homemade baked desserts available by special order.



Wild Rose Farm

Blue Lake 707-834-4115

blakerichard3967@gmail.com Quinoa. Also at Arcata farmers' market.

CANDIES & CHOCOLATES

Cacao Cocoon Chocolate

5425 Ericson Way, Suite 5, Arcata 707-672-6821

www.cacaococoon.com

cacaococoon@gmail.com Silky honey spun chocolate.

Chocolate Tángara

Bean to bar single origin chocolate 707-496-8324

www.chocolatetangara.com david@chocolatetangara.com Available at farmers' markets and local stores.

Desserts on Us

Baklava, Lacey's cookies. See listing under baked goods.

Dick Taylor Craft Chocolate

4 West 4th St., Eureka

www.dicktaylorchocolate.com

info@dtchocolate.com Small-batch bean to bar craft chocolate. Specializing in single origin two-ingredient chocolate. Made in Eureka using ethically sourced ingredients. Check website for tour information.



Hum Yum

100 Ericson Ct., Arcata

www.humyum.com

humvumcaramels@gmail.com Caramels and caramel sauces; in local stores or contact for direct sales.





Bread Shares

Curbside Retail Wholesale 707-840-8004 www.becksbakerv.com

Jameson Creek Ranch

English toffee and almond tortes. See listing under baked goods.

Kenny's Chocolates

425 Snug Alley, Suite B, Eureka 707-445-8015

www.kennyschocolates.com

kennyschocolates@suddenlinkmail.com Humboldt Hot Sauce Small-batch, handcrafted chocolates made from the finest ingredients.

Peace Pops

100 Ericson Ct., Arcata 707-499-6387

peace.pops@hotmail.com Hand-made ice pops made with natural ingredients. At events and local natural food stores; contact for direct sales.

DRESSINGS, **SAUCES & SPICES**

Blackberry Bramble BBQ

Blue Lake 707-502-9872

www.blackberrybramblebbg.com blackberrybramblebbq@gmail.com Sauces and BBQ catering.

Boehm's Café Specialty Foods 926 13th St., Fortuna

707-725-6232

www.boehmscafe.com/retail

sisstars4@yahoo.com Sauces, jelly and pickled foods.

Casa Lindra Salsa

5425 Ericson Way, Suite 1, Arcata 707-822-7933 Burritos and salsa.

Earth 'N' Hands Farm

3555 Thorpe Ln., Kneeland

707-599-4458

dean.enhfarm@gmail.com 16 fresh pepper sauces using peppers from own farm. Also sells at Artisan seasoning and finishing

Fortunata's

Blue Lake

707-668-1868

www.tomasosspecialtyfoods.com www.tomasosspecialtyfoods.com tomasosspecialtyfoods@hotmail.com Pasta sauces.

Fungaia Farm

Arcata 707-444-3799

www.fungaiafarm.com

fungaiafarm@gmail.com Products: Fresh Mushrooms, Tinctures, Spice Mixes, Workshops. Sales online and at events.

Humboldt Herbals

300 2nd St. Eureka

707-442-3541

www.humboldtherbals.com

emailus@humboldtherbals.com Organic tea and spice blends. Also on-site sales.

Arcata

707-845-1800

www.humboldthotsauce.com

humboldthotsauce@gmail.com Hot sauces.

Humboldt Spice Company

Fortuna

707-834-1259

www.humboldtspiceco.com

katie@humboldtspiceco.com Rubs and spice mixes made only from sea salt and certified organic herbs. Direct orders by phone or

Humboldt Smokehouse

310 5th St., Eureka 707-497-6261

www.humboldtsmokehouse.com

dave@humboldtsmokehouse.com Barbecue sauces and meats.

J Catering Garberville

707-986-4439

www.jcaterings.com

info@jcaterings.com

Lindah's Mustard

Blue Lake

707-668-1868

www.tomasosspecialtyfoods.com tomasosspecialtyfoods@hotmail.com Hot and sweet mustards.

Marie-Louise's All Natural Seasonings and Finishing Salts

Bayside

707-876-6221

gotseldemer@gmail.com

Arcata and Eureka farmers' markets. salts. Also at Arcata farmers' market.

Mas Salsa Por Favor

Blue Lake

707-668-1868

tomasosspecialtyfoods@hotmail.com Fresh salsas.

Mazzotti's Italian Food

773 8th St., Arcata 707-822-1900

www.mazzottis.com

House Italian dressing.

Nonna Lena's

5425 Ericson Way, Suite 2, Arcata

707-845-5146

www.nonnalena.com

ctimek@nonnalenas.com All-natural pestos, hummus and spreads. Vegan options.

Pacificflake.com Inc.

1 TCF Drive, Suite B, Samoa 760-715-4801

www.pacificflake.com

bryon@pacificflake.com

culinary sea salt harvestry, creating flake sea salt using a slow cook method, hand harvested from the cold and pure waters of Northern California.

Rita's Salsa

12 W 4th St., Eureka

707-601-7749

www.RitasCafe.com

jared@ritascafe.com Fresh salsa.

Roy's (Roi's) Club Italian **Products**

Blue Lake

707-668-1868

www.tomasosspecialtyfoods.com tomasosspecialtyfoods@hotmail.com

House-made basil vinaigrette and marinara sauce.

Rumiano Raised To Matter

Crescent City

707-616-8166

www.raisedtomatter.com

kwalker@rumianocheese.com Ghee produced from Humboldt and Del Norte pastures.

Shamus T Bones

1911 Truesdale St., Eureka

707-407-3550 www.shamustbones.com

Barbecue sauce.

Smokey Jim's BBQ Sauce

Blue Lake

707-668-1868

www.tomasosspecialtyfoods.com

tomasosspecialtyfoods@hotmail.com A classic barbecue sauce.

Ted and Barney's

707-443-3641

www.tedandbarney.com Meat seasonings.

Union Son Canning Company

McKinleyville

707-972-7851 www.unionsoncanning.com

unionsoncanning@gmail.com Nutritional yeast-based seasoning.

Weitchpec Chile Company

Blue Lake

707-668-1868

www.tomasosspecialtyfoods.com tomasosspecialtyfoods@hotmail.com Humboldt Green, Habañero, Klamath Red hot chili sauces.

DAIRY & EGGS



Alexandre Family Farm

8371 Lower Lake Rd., Crescent City 707-487-1000

www.alexandrefamilyfarm.com

vanessa@alexandrefamilyfarm.com Organic A2 milk, yogurt, eggs, beef and pork. Also available at farm store. See listing under Farm Stands (different address).

Cypress Grove

Arcata

707-825-1100

www.cypressgrovecheese.com info@cypressgrovecheese.com Award-winning specialty goat cheeses. Available at local grocery stores and specialty shops.



BAYSIDE, CALIFORNIA

Eggs Freshly Made 369 Taylor Ct., Manila 707-616-4564

sm.opalach@gmail.com Fresh eggs from oganic fed free range chickens.

Gold Nugget Ghee Arcata

562-453-5527

www.goldnuggetghee.com daniel@goldnuggetghee.com

Traditional, chocolate and mushroom ghee. Also available online.

Rumiano Cheese Company 511 9th St., Crescent City 866-328-2433

www.rumianocheese.com Organic and non-organic cheese. Also available in on-site store.

Spring Hill Farmstead Goat Cheese Bayside

707-616-1093

springhillfarmstead@gmail.com Goat cheese; LaMancha dairy goats. Also at Arcata farmers' market, Kneeland Glen farm stand and local restaurants.

Trinidad Bay Company 5425 Ericson Way, Suite 1, Arcata 707-822-7933

Flavored cream cheese spreads.

FISH & SEAFOOD

Katy's Smokehouse and Fish Market

740 Edwards St., Trinidad 707-677-0151

www.katyssmokehouse.com Smoked fish and shellfish, canned fish, smoked salmon jerky. Fresh fish and crab. Available at on-site store.

Arcata, CA

Wild Planet Foods, Inc.

1585 Heartwood Dr., Suite F, McK. www.wildplanetfoods.com

customerservice@wildplanetfoods.com A full line of sustainably caught canned seafood including pole and line caught tuna, wild Alaska salmon, sardines, yellowtail, mackerel and anchovies.

HONEY

Collett's Humboldt Honey 146 Kelsey Ln., Myers Flat 707-943-3322

www.collettshumboldthoney.com Also at gift shops.

Monastery Creamed Honey Redwoods Monastery, Whitethorn 707-986-7419

store.redwoodsabbey.org honey@redwoodsabbey.org Flavored and creamed honey.

My Honey's Produce Smith River 707-218-7379

Find on Facebook harleyuc13@gmail.com

Raw local honey. Available at Crescent City farmers' markets.

Reed's Bees

Arcata

707-826-1744

Honey, beeswax candles, propolis. Available at Arcata farmers' market.

River Bees

156 Ewan Ave., Shively 707-223-6893

www.talltreesbees.com

Honey, bee pollen, beeswax, lavender honey, Humboldt Gold Honey brand and gueen bees. Available at Arcata farmers' market.

TOFU SHOP SPECIALTY FOODS Nourishing the neighborhood since 1980 Artisan Tofu & Sauerkraut Tofu - Patties - Spreads Smoked sticks - Soymilk Small-batch sauerkraut ORGANIC · VEGAN · GLUTEN FREE

JAMS, JELLIES & PRESERVES

Diane's Sweet Heat 100 Ericson Ct., Arcata 707-599-5559

www.dianessweetheat.com dianessweetheat@yahoo.com

Jams that blend sweet fruit and spicy habañero peppers.

Honey Apple Farms Arcata

707-822-6186

ronald.honig@gmail.com Apple butter, apple cider vinegar. At Arcata farmers' market.

McIntosh Farm

Willow Creek 530-629-4145

vistarose@netzero.net Jam, apple butter, and jelly. Markets: Arcata Plaza (summer and winter), Eureka (Old Town and Henderson Center), McKinleyville and Fortuna.

Mad River Farm Food

100 Ericson Ct., Suite 140, Arcata 707-822-0248

www.mad-river-farm.com

bartlettmrf@gmail.com All natural jams, jellies, preserves, barbecue sauce and fruit butters. Contact for direct sales.

Oceanside Jams

Native Owned

Loleta

707-273-7425

Find on Facebook

oceansidejams@yahoo.com Preserving Native American berries and unique flavors. Full selection available at Loleta Meat Market; nationwide shipping available.

Trident Lightning Farms

Arcata

707-826-0490

danielle@penandquilt.com Plum, peach and blackberry jam. At farmers' markets.

Zimmerman's Country Kitchen

Blue Lake

707-668-1868

www.tomasosspecialtyfoods.com tomasosspecialtyfoods@hotmail.com Jams and fruit syrups.

OTHER FOODS

Boehm's Café 926 13th St., Fortuna

707-725-6232

www.boehmscafe.com/retail sisstars4@yahoo.com

Relish, cinnamon sauce, garlic, hot zucchini sticks, apple dumpling kits.

Celebrations Tamales and Sauces 100 Ericson Ct., Unit 130, Arcata 707-633-6375 / 707-616-4769 www.celebratetamales.com

info@celebratetamales.com Made with organic corn masa. Also at Arcata farmers' market.

Henry's Olives

4177 Excelsior Rd., Eureka

707-445-9527

www.henrysolives.com

henrysolives@reninet.com Olives, tapenades, olive oil and preserved lemons. Available at the Co-ops, ENF, and Murphy's.

Midwife Made

Arcata

www.midwifemade.com Humboldtvitalroots@gmail.com

Kale chips; kale grown in Arcata.

Ryan Creek Root Cellar

3750 Harris St., Eureka (At Redwood Acres Fairgrounds) 707-616-3863

www.ryancreekmeat.com

Cured, dried and smoked meats. Available at The Boardroom.



707-822-7401

www.tofushop.com

info@tofushop.com

Organic, artisan tofu products available fresh, in burgers, sausage patties, smoked sticks and spreads. Fresh soymilk and sauerkraut.

Tomaso's Specialty Foods Blue Lake

707-668-1868

www.tomasosspecialtyfoods.com tomasosspecialtyfoods@hotmail.com Frozen pizza, sauces, salsas. Distributes for many local producers.

Vegan Dream

Bayside 707-826-1101

www.vegandream.com

info@vegandream.com All-natural vegetarian jerky made with non-GMO soy.



This section includes locally owned and operated packaged beverage producers.

NON-ALCOHOLIC BEVERAGES

Angie's Chai
Arcata
707-498- 6061
www.angieschai.com
agrytness@angieschai.com
Sweet and spicy chai sold in
refillable growlers. Available at
locally owned restaurants and coffee
shops. Contact for direct sales.

Gold Rush Coffee 2742 Broadway St., Eureka 707-442-2333

www.goldrushcoffee.com Coffee locally roasted in Eureka. Also at drive-thru coffee and sitdown coffee bar.

Humboldt Bay Coffee Company 520 2nd St., Eureka 707-444-3969 www.humboldtcoffee.com info@humboldtcoffee.com Locally roasted coffee, options for fair trade, single origin, and unique blends. Visit us at our tasting room or contact for direct sales or to join the coffee club.

<u>Humboldt Herbals</u> 300 2nd St. Eureka **707-442-3541**

www.humboldtherbals.com emailus@humboldtherbals.com Organic tea and spice blends. Also on-site sales.

Humboldt Kefir Company

1334 Underhill Ave., McKinleyville 707-954-1650

humboldtwaterkefircompany@gmail.com *Prebiotic herbal infusion beverage.*



550 South G St., Suite 19, Arcata **707-825-9417**

www.kinetic-koffee.com officemanager@kinetic-koffee.com Premium, certified organic coffees from around the world.



Muddy Waters Coffee Company 4159 Central Ave., McKinleyville 707-268-1133 www.ilovemud.com chris@ilovemud.com 100% organic coffee.

Old Town Coffee and Chocolates www.oldtowncoffeeeureka.com Coffee and coffee liqueur.

- Old Town 211 F St., Eureka 707-445-8600
- Henderson Center
 502 Henderson St., Eureka
 707- 442-1522

VIOLET-GREEN



Cabernet Sauvignon ~ Merlot ~ UltraViolet Petite Sirah ~ Syrah

Celebrating 19 years of making fine wines for our community

Locally Owned & Operated

Find us on Facebook!

Tel. 707.445.8679

www.violetgreenwinery.com

Packaged Beverages

Seaguake Brewing Kombucha

400 Front St., Crescent City **707-465-4444**

www.seaquakebrewing.com

Brewery and family-style restaurant. Seabucha Kombucha: Fruit and other flavors.

Signature Coffee Sponsor 3455 Redwood Dr., Redway 707-923-2661

www.signaturecoffeecompany.com info@SignatureCoffeeCompany.com Organic fair-trade coffee.

Sweet Pea Gardens

1433 Freshwater Rd., Eureka 707-444-3180 / 707-499-3363 sweetpgardens@gmail.com *Organic herbal teas*.

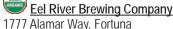
Wild Rivers Coffee

Crescent City 707-954-4572

www.wildriverscoffee.com

wildriverscoffee@gmail.com Fresh roasted, gourmet quality, whole bean coffee.

CRAFT BREWERIES



1777 Alamar Way, Fortuna 707-725-2739

www.eelriverbrewing.com
First certified organic brewery in
the nation and first hard sparkling
water on the West Coast.

Gyppo Ale Mill

1661 Upper Pacific Dr., Shelter Cove 707-986-7700

www.gyppo.com

family@gyppo.com

Craft brewery, taproom and restaurant

<u>Humboldt Regeneration Brewery</u> 2320 Central Ave., Unit F McK. 707-738-8225

www.humboldtregeneration.com

humboldtregeneration@gmail.com Grows own barley, hops, wheat, other grains, fruit and herbs for use in beer. Community Supported Brewery. Pick-up and Growler Bar.

Lost Coast Brewery

1600 Sunset Dr., Eureka 707-445-4484

www.lostcoast.com

Taproom and brewery. Tours, tasting room and store. Call to schedule or walk in for a free tour.

Mad River Brewing Company 101 Taylor Way, Blue Lake

707-668-4151

www.madriverbrewing.com cindys@madriverbrewing.com Traditional beers, specialty ales and restaurant.

Port O'Pints Brewing Co.

1215 Northcrest Dr., Crescent City 775-745-8477

www.portopints.com

portopints@gmail.com Freshly brewed, award winning craft beer and rootbeer. Various styles - flagship and seasonal.

Redwood Curtain Brewing Company

www.redwoodcurtainbrewing.com Unfiltered beers.

- Arcata (550 South G St., #4) 707-826-RCBC (7222)
- Eureka (1595 Myrtle Ave.) 707- 269-7143

Seaquake Brewing

400 Front St., Crescent City **707-464-4444**

www.seaquakebrewing.com
Brewery and family-style restaurant. Canned beer available to go.

Six Rivers Brewery

1300 Central Ave., McKinleyville 707-839-7580

www.sixriversbrewery.com friends@sixriversbrewery.com *English-style brewing.*

WINERIES

Avidity Boutique Cellars

4545 Briceland Rd., Redway 707-267-0851

Instagram @farmer_ mykal Tasting room in Redway.

Briceland Vineyards

5959 Briceland Rd., Redway **707-923-2429**

www.bricelandvineyards.com

andrew@bricelandvineyards.com Open house events Thanksgiving and Memorial Day weekends. Tastings June-Aug. Sat.-Sun. 1:00-5:00 p.m.; Tasting and tours by appointment year round.

Cabot Vineyards

209 Ferris Ranch Rd., Orleans **707-496-5381**

www.cabotvineyards.com cabotvineyards@gmail.com

Family-owned, small, estate winery.
Three vineyard locations.

Fieldbrook Winery

4241 Fieldbrook Rd., Fieldbrook 707-839-4140

www.fieldbrookwinery.com

fieldbrookwinery@gmail.com
Sales by phone, email or wine club.

Flor d'Luna Boutique Winery Fieldbrook

707-296-6525

www.flordluna.wine

flordlunawine@gmail.com For tasting, call or email for appointment or during Arts! Arcata at the Griffin, 937 10th St.

Frog Alley Cellars

1436 Ambrosini Ln., Ferndale 707-786-4353 fbrazil@suddenlink.net

Heart's Leap Wines

5303 Boyd Rd., Unit G, Arcata **707-834-5422**

www.heartsleapwines.com

heartsleapwines@gmail.com Wine made with minimal processing. Direct sales at tasting room.

Monument Mountain Vineyards

2330 Monument Rd., Rio Dell **707-764-3752**

monumentmtn1@gmail.com

GIVING BACK TO OUR COMMUNITY SINCE 1988



Signature Coffee Company 3455 Redwood Drive Redway Ca 95560 707.923.2661





available in the finest locations within the emerald triangle and at the roastery / coffee bar in Redway where you can enjoy fresh coffee right out of the roaster...

Moonstone Crossing Winery 529 Trinity St., Trinidad 707-845-5492

www.moonstonecrossing.com donbremm@yahoo.com Direct sales at tasting room or order by phone or email.

North Story Wines 955 I St., Arcata 707-508-5175

www.wrangletowncidercompany.com wrangletowncidercompany@gmail.com Small lot wines produced from Humboldt, Mendocino and Sonoma ask your retailer to stock our wine. County vineyards offered by appointment for tasting and bottles to go. Woman owned. All are welcome.

Old Growth Cellars 1945 Hilfiker Ln., Eureka www.oldgrowthcellars.com rlima214@gmail.com Tasting room Thurs.-Sat. 1:00 p.m.-7:00 p.m. Also available for special events.

Rocky's Ridge Vineyard 22522 State Hwy 299, Blue Lake 707-601-0899

www.rockysridgevineyard.com info@rockysridgevineyard.com Premier wines made with Humboldt County hand-picked grapes. Wines include Pinot Noir from own vineyard (available in 2021), Syrah, Merlot. Winery is sustainably run with off-grid electricity (solar- and hydro-powered), managed with organic practices, zero waste. Delivery/shipment available online.

Rosina Vineyards 751 Sorenson Rd., Redcrest 707-722-4331 www.rosinavineyard.com ed@rosinavineyard.com Tastings by appointment.

Septentrio Winery 650 6th St., Arcata 707-672-2058 iared@septentriowinery.com

Sumner Vineyards

510 Oliva Dr., Hayfork 844-430-4310 www.sumnervineyards.com msumner@sumnervineyards.com Pinot Noir, Pinot Gris, Chardonnay, Sauvignon Blanc and Rosé wine. We grow all of our own grapes in Trinity County. Order via website or

Terragena Vineyard and Winery Dyerville Loop Road, Myers Flat 707-362-6807

www.terragenavineyard.com chris@terragenavineyard.com Grapes from Humboldt, Mendocino and Sonoma. Available via website and at local retailers. Tasting and tours by appointment.

Trinity River Vineyards 3380 Foster Ave., Arcata 707-825-5888 www.trinityrivervineyards.com wfranklin@tsvg.com 100% Willow Creek and Mendocino Viticultural Areas. Grown without synthetic pesticides or additives. Tasting by appointment. Available through local retailers and restaurants. Ships via website.

Violet-Green Winery Bayside 707-445-8679 www.violetgreenwinery.com wine@violetgreenwinery.com Grapes from Mendocino, Lake

and Napa counties; some grapes (Syrah Castelero) are certified organic. Winery in redwood forest above Misty Hill Canyon near Humboldt Bay. Free local delivery.

Whitethorn Winery

545 Shelter Cove Rd., Whitethorn 707-986-1658

www.whitethornwinery.com whitethornwinery@gmail.com Family-owned winery focusing on Pinot Noirs. Tastings by appointment.

CIDERIES

Humboldt Cider Company

Numerous varieties of specialty crafted ciders. Humboldt Blend uses local apples.

- Redwood Acres Cider Garden 3750 Harris St., Eureka 707-798-6023
- Tap Room Downtown 517 F St., Eureka 707-497-6320

Wrangletown Cider Company 955 I St., Arcata 707-508-5175

www.wrangletowncidercompany.com wrangletowncidercompany@gmail.com Locally produced ciders from Humboldt County orchards. Tastings and bottle sales by appointment. Woman owned. All are welcome.

DISTILLERIES

Alchemy Distillery 330 South G St., Arcata 707-822-8013 www.AlchemyDistillery.com alchemydistillery@gmail.com Whisky and gin.

Dutch & Dewey Distillery 22522 State Hwy 299, Blue Lake 707-601-0899

www.dutchanddeweydistillery.com info@dutchanddeweydistillery.com Small batch spirits - gin, vodka, coffee liqueur, and limoncello are each a Certified Craft Distilled Spirit™ and our place is a Certified Farm Distillery™ both by the American Distilling Institute. Sustainable practices include re-purposing materials, using off-grid power sources, capturing rainwater, focusing on nonGMÖ/local/organic ingredients, bottling on-premise, and composting/recycling for zero waste.

Humboldt Craft Distillery Eureka

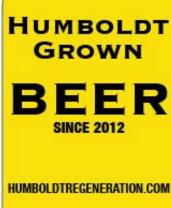
www.humboldtcraftspirits.com tastingnotes@humboldtcraftspirits.com Vodka, rye, gin and Eureka! Chocolate Liqueur.

Humboldt Distillery 735 10th St., Fortuna

707-725-1700 www.humboldtdistillery.com Organic vodka, rum, brandy, and Humboldt's Finest. Tours and tastings by appointment.

Jewell Distillery 120 Monda Way, Blue Lake 707-668-1810 www.jewelldistillery.com info@jewelldistillery.com Gin, Citron vodka and blackberry liqueur.







ENJOYING THE GUIDE?

SCAN TO DONATE & KEEP IT FREE FOR EVERYONE



Medicinal Herbs

This section includes locally owned and operated medicinal herb producers.



Five Finger Farms

155 Lawson Ln., Ferndale **818-489-2565**

www.fivefingerfarms.com

fivefingerfarms@gmail.com
Medicinal Herb Farm. Products:
Dried herbs, flowers and roots,
tinctures, infused oils, hydrosols,
fresh culinary herbs, goldenberries
and more.

Freshwater Gardens 5851 Myrtle Ave., Eureka 707-407-7123

freshwatergardens@gmail.com Culinary herbs and teas. Medicinal herbs and smudges. Markets: Arcata, Eureka (Henderson and Friday night).

<u>Fungaia Farm</u>

Arcata

707-444-3799

www.fungaiafarm.com

fungaiafarm@gmail.com Medicinal mushroom tinctures. Sales online and at events.

Herbal Living & Healing 707-834-4372

www.herballivingandhealing.com contact@herballivingandhealing.com Herbal health and wellness consultations, custom formulations and flower essences. Nourishing product line - Herbal Infusions. Offers monthly online classes and workshops.

Humboldt Herbals

300 2nd St. Eureka 707-442-3541

www.humboldtherbals.com

emailus@humboldtherbals.com Organic tea and spice blends. Also on-site sales.

www.humboldtherbals.com

Moonrise Herbs

826 G Street, Arcata 707-822-5296

www.moonriseherbs.com

customerservice@moonriseherbs.com Bulk spices, herbs, essential oils, tinctures, supplements and more.

Moonshadow Farms

185 Cathey Ranch Road, Miranda **707-943-3025**

Find on Facebook (Moonshadow Farms, Miranda, CA)

toniandkurtstoffel@gmail.com Wide variety of medicinal plants, dried and packaged for the community. Markets: Miranda, Henderson Center, and Garberville.

Yemaya's Apothecary

Bayside

707-601-6447

www.yemayasapothecary.com

yemaya@yemayasapothecary.com Handcrafted herbal teas, tinctures, elixirs, infused vinegar tonics, infused oils and salves, body care, and more using ethically wildcrafted and/or locally grown herbs (organic ingredients whenever possible).

Wild and Wise Herbal CSA

Petrolia

707-629-3391

www.wildandwisecsa.com

Herbal medicines inspired by the local harvest. Herbal CSA (see listing under CSA Farms), herbal medicines, herbal tea blends and herbal body care Online sales ship anywhere in the U.S.



Accepts Cal-Fresh EBT





Pet Food

<u>Dot's Natural Pet Products</u> 707-499-4529

www.dotsproducts.com info@dotsproducts.com Locally made, all natural pet health support. Available at NorthCoast Coops, both Fureka Natural, Moon-

support. Available at NorthCoast Coops, both Eureka Natural, Moonrise, Humboldt Herbal, NorCal Pet, Humboldt Pet, and Fin-n-Feather.

All Dogs Biscuit Bakery 707-599-5197

alldogsbakery@gmail.com
Hand-cut dog biscuits made with all
natural, pure ingredients. Available
at Eureka's Friday Night Market,
craft shows, flea market, Pierson's
Building Center, North Coast Coop, Fin and Feather Pet Shop and
RMI.

THANK YOU FOR READING & SUPPORTING THE FOOD GUIDE!

We've done our best to accurately represent the businesses listed within the directory, but mistakes can happen! Please contact businesses directly to verify their information and offerings. Corrections and additions for next year can be submitted to food.guide@cooperationhumboldt.com.





Serving up all the programs you savor - spicy dramas, meaty news, enticing educational shows, and fresh, local content. KEET-TV has something for everybody. We're here for you!

More details at KEET.org.